

LONG BEACH PARKS, RECREATION AND MARINE

RECREATION CONNECTION

DECEMBER 2023 - FEBRUARY 2024 · REGISTRATION BEGINS NOVEMBER 6
LB PARKS.ORG



Kids Love the New Admiral Kidd Park Playground!

WINTER 2024

Classes and Activities For All Ages

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AND TWITTER



CITY OF
**LONG
BEACH**

Be Successful

You *Be*long at Long Beach City College!

- #1 transfer college to CSULB
- Supportive student services
- Be job ready in just 2 semesters

**IT'S NOT TOO LATE
TO ENROLL!**

Late-starting Fall Classes
Begins October 23, 2023

Winter Session
January 2 – February 3, 2024



Register NOW!
lbcc.edu/registertoday



**LONG BEACH
CITY COLLEGE**



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Long Beach Parks, Recreation and Marine prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs.

CITY OF LONG BEACH DEPARTMENT OF PARKS, RECREATION & MARINE

2760 North Studebaker Road
Long Beach, CA 90815-1697
(562) 570-3100



e-mail LBParks@longbeach.gov
LBParks.org

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The information in this publication is available in an alternative format by request 48 hours prior to the event to Jane Grobaty at (562) 570-3232. The City of Long Beach intends to provide reasonable accommodations in accordance with the Americans with Disabilities Act of 1990.

To view this publication in Spanish, Khmer or Tagalog, visit www.lbparks.org.
Para ver esta publicación en Español, Khmer o Tagalo, visite www.lbparks.org.

“ដើម្បីមើលផែនទីសេវាសាងសង់ស្ថាប័ន សាខាខុម្ពុឌី ឬសាខាស្ថាប័ន ប្រើសេវាសាងសង់ស្ថាប័ន សូមទូលំទូលាយ ទៅកាន់ www.lbparks.org”
“Upang makita ang publication na ito sa Spanish, Khmer o Tagalog, bisitahin ang www.lbparks.org.”

**Long Beach Parks
are Smoke Free**



ALL PROGRAMS AND PRICES ARE SUBJECT TO CHANGE

To opt out of receiving this Recreation Connection publication, please e-mail your name and mailing address to: lbparks@longbeach.gov. Visit lbparks.org to access the publication.



BRENT DENNIS
Director, Long Beach Parks,
Recreation & Marine and
Animal Care Services

For many Long Beach residents, the winter months are often the best time of the year to try out a new hobby, or even more seriously pursue some health and fitness related New Year's resolutions. For whatever your motivation, I am confident that you will find some amazing opportunities within this array of activities that are offered within our winter program guide. A bounty of leisure and educational classes, enrichment programs, and fitness fun promise to lure you into some wintertime participation.

Please take special note of registration timeframes so you do not miss out on any of your favorites or top choices. Our Community Recreation Services team and corps of contract class providers look forward to welcoming Long Beach's wide spectrum of age and abilities into many of these engaging opportunities.

I hope you make the most of your winter days when Long Beach is the best place to recreate and elevate the fun factor of life. Parks Make Life Better....and Parks Make Long Beach!

**Parks
Make
Life
Better!**

Parks, Recreation & Marine Department **STRATEGIC PLAN**

The Department's Strategic Plan will guide the operational, staffing and budget decisions from 2022 to 2032 and serve as a tool to adapt park services as the community's needs evolve.

Visit <https://bit.ly/3x2L22R> to learn more.

#PARKSMAKELB

PRESCHOOL CLASSES

Preschool classes give children as young as six months old to those about to start school opportunities to learn new skills in a nurturing social setting.

COOKING

PRE-SCHOOL CAKE DESIGN

If your child loves to color and paint, then try this cake design class! Students will be given a theme and pre-made 4 inch cake to decorate and bring home to share with family and friends. Students will learn to spread frosting, mix colors and use their creativity to decorate cakes. This is a fun, relaxing and hands on class, an art class on cakes! Ages: 2 years, 6 months-6 years old. Material fee: \$60.

A Yummy Future		El Dorado Park West	
60230	12/2-12/23	11-11:45 a.m.	Sa \$90
60231	1/6-1/27	11-11:45 a.m.	Sa \$90
60232	2/3-2/24	11-11:45 a.m.	Sa \$90

PRESCHOOL COOKING THYME!

Don't think your toddler can cook? Think again! We've got fun, age-appropriate classes bursting with hands-on activities, healthy concept learning through games that empower your little one to create their own special healthy snacks. Great introduction to the five food groups. Great for picky eaters! Students will learn kitchen safety and rules, nutrition, pouring, peeling, rolling, tearing and tossing, stirring, basic chopping (using a plastic knife & scissors), measuring, adding ingredients, being creative, manners and dinner etiquette. Ages: 2-7 years old. Material fee \$48.



A Yummy Future		El Dorado Park West	
60233	12/2-12/23	10-10:45 a.m.	Sa \$90
60234	1/6-1/27	10-10:45 a.m.	Sa \$90
60235	2/3-2/24	10-10:45 a.m.	Sa \$90

DANCE

PETIT BALLET

Bonjour, Little Dancers! Join Miss Anne in a magical adventure into the world of ballet: pliés, sautés, chassés, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! Ages: 2 years, 6 months-5 years old. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker		Marina Community Center	
60386	1/3-1/24	6-6:30 p.m.	W \$68
60387	1/31-2/21	6-6:30 p.m.	W \$68

ENRICHMENT

BAMBOLEO BEBE

This joyous class is for babies 10 months to 23 months, accompanied by an adult. Wee ones will wiggle, jiggle and delight in the rhythms and sounds of the Spanish language through music, movement, hand play and more. Participating adults will learn traditional folk songs from all over Latin America, new songs and playful activities to take home, as well as connect with other families that are interested in immersing their children in the Spanish language. For more information please visit: www.BamboleoKids.com. *No class: 2/17.



Susana Paniagua		Heartwell Park	
60353	1/13-2/24*	9:15-10 a.m.	Sa \$80

BAMBOLEO AMIGUITOS

Vamos a jugar! Let's play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games, role-play and art. For more information please visit: www.BamboleoKids.com. Ages: 2-4 years old. Material fee: \$30 paid to instructor on the first day, cash or check. Includes digital files for music, song book, and story book. *No class: 2/17.

Susana Paniagua		Heartwell Park	
60354	1/13-2/24*	10:15-11:15 a.m.	Sa \$80

BAMBOLEO AMIGUITOS & AMIGOS



Vamos a jugar! Let's play! This is a combined class, ideal for families with two or more kids of different ages. Children are immersed in the Spanish language via unique style of storytelling, music and movement, games, role-play and art. For more information, please visit: www.BamboleoKids.com. Ages: 2-6 years old. Materials fee: \$30. Includes digital files for music, bilingual songbook and story books. *No class: 2/17.

Susana Paniagua		Heartwell Park	
60355	1/13-2/24*	11:30 a.m.-12:30 p.m.	Sa \$80

PARENT & ME PRE-K READINESS

Kids and parents will have fun in this class blending audio, visual and kinesthetics to maximize learning. The program incorporates letter and number recognition, fine motor skills, phonics, math and outdoor games and play specifically designed for children in this age group. Ages: 2 years-3 years, 10 months old. Material fee: \$20. Adult participation is required. Space is limited. *No class: 1/15, 2/12 & 2/19.

Readwrite Educational Solution Inc. Bixby Knolls Park

60411	1/8-1/29*	8:45-10:15 a.m.	M W	\$109
60408	1/8-1/29*	10:30 a.m.-noon	M W	\$109
60410	2/5-2/28*	8:45-10:15 a.m.	M W	\$109
60409	2/5-2/28*	10:30 a.m.-noon	M W	\$109



READING, MATH & MORE PRESCHOOL

Be ready for kindergarten! Kids and parents will have fun blending audio, visual and kinesthetic learning styles to maximize learning. We incorporate phonics, individualized leveled reading, math and spelling instruction specifically designed for preschoolers. Parent participation is required. For more information call: (949) 263-0633. Ages: 3 years, 6 months-5 years old. Material fee: \$20. *No class: 1/15, 2/12 & 2/19. Class held at Mae Boyer Park, 6701 Del Amo Blvd., Lakewood.

Readwrite Educational Solution Inc. Cherry Park

60403	1/9-1/25	2:45-3:30 p.m.	Tu Th	\$67
60404	2/1-2/27	2:45-3:30 p.m.	Tu Th	\$89

Mae Boyer Park

60412	12/4-12/20	2:45-3:30 p.m.	M W	\$67
60413	1/8-1/29*	2:45-3:30 p.m.	M W	\$67
60414	2/5-2/28*	2:45-3:30 p.m.	M W	\$67

MUSIC

LITTLE MUSIC MAKERS

A great introduction to making music! Through songs, drum circles and inventive musical activities your child will develop an understanding of the components of music: rhythm, melody and imagination! Ages: 3-5 years old. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. Jammin' Music

60284	1/20-2/24	10-10:45 a.m.	Sa	\$95
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SPORTS

BIDDY SOCCER LEAGUE

Your child will have a great time playing soccer and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Biddy League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive a team shirt. The first week will be practice and team assignments with the remainder of the weeks being games. *No class: 2/17.

TriFyft Sports

Bixby Knolls Park

60475	2-4Yrs	1/13-2/24*	9-9:30 a.m.	Sa	\$139
60477	1Yr 6Mos-2Yrs	1/13-2/24*	9:30-10 a.m.	Sa	\$139
60476	3-5Yrs	1/13-2/24*	10-10:45 a.m.	Sa	\$139
60478	1Yr 6Mos-2Yrs	1/13-2/24*	11-11:30 a.m.	Sa	\$139



BIDDY TEE BALL LEAGUE

Your child will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Tee Ball League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive a team shirt. The first two weeks will be practice and team assignments with the remainder of the weeks being games. *No class: 2/17.

TriFyft Sports

Bixby Knolls Park

60479	2-3Yrs	1/13-2/24*	11-11:30 a.m.	Sa	\$139
60480	3-5Yrs	1/13-2/24*	12-12:45 p.m.	Sa	\$139
60481	5-7Yrs	1/13-2/24*	1-1:45 p.m.	Sa	\$139

D-UP TINY BALLERS

D-Up Tiny Ballers is an introduction to the fundamentals of basketball and will focus on basic dribbling, passing, shooting and hand-eye coordination. Children will play games while learning the game of basketball. We will have player(s) of the week and give out prizes! Children should bring their own basketball and water to each session. Ages: 3-6 years old. Material fee: \$20. *No class: 12/24 & 12/31.

James Christian

Pan American Park

60256	12/3-1/14*	11a.m.-11:45 a.m.	Su	\$60
60257	1/28-2/18	11a.m.-11:45 a.m.	Su	\$60

PARENT & ME SOCCER



The fun happens on the field, so don't just watch from the sidelines! You'll participate in fun, age-appropriate activities and help your child develop motor and socialization skills. A variety of soccer activities are played each week, adult participation is required. All kids receive a Kidz Love Soccer jersey. Ages: 2-3 years, 6 months old.

Kidz Love Soccer

60299	1/26-3/15	5:05-5:35 p.m.	F	\$179
60307	1/27-3/16	9:20-9:50 a.m.	Sa	\$179

Good Neighbor Park

60308	1/27-3/16	5:10-5:40 p.m.	Sa	\$179
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College Estates Park

SKYHAWKS HOOPSTERTOTS

Learning basketball has never been more fun. These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. Ages: 4 years, 6 months-6 years old.

Skyhawks Sports Academy

60448	1/12-3/1	3:30-4:10 p.m.	F	\$149
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Marina Vista Park

SKYHAWKS MULTI-SPORTTOTS



Introduce your little superstar to sports in our most popular program! This baseball, basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation is required for younger ages.



Skyhawks Sports Academy

60449	2-3Yrs 6Mos	1/9-2/27	3:30-4:10 p.m.	Tu	\$149
60450	3Yrs 6Mos-5Yrs	1/9-2/27	4:20-5 p.m.	Tu	\$149

Marina Vista Park



NOW ENROLLING

18 Months - 5 Years Old



- Creative Curriculum
- Family Style Meals
- Literacy Program
- Parent Workshops
- Swim Lessons
- Field Trips
- Dual Immersion Program
- Half Day & Full Day Program
- FREE for eligible families!

Mayne Preschool
562.804.1976
Bellflower, CA

70th Street Preschool
562.633.2924
Long Beach, CA

First Friendships
562.984.2358
Long Beach, CA

Play & Learn Preschool
562.218.4693
Long Beach, CA

Creative Beginnings
562.422.2616
Long Beach, CA

Downtown Preschool
562.283.3454
Long Beach, CA



SKYHAWKS SOCCERTOTS



SoccerTots is our flaship program! Playable on almost any surface, these soccer-themed motor-skill classes are extremely easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence while older classes focus more on developing core soccer skills and

personal focus, with an introduction to light competition. Parent participation is required for younger ages.

Skyhawks Sports Academy	Marina Vista Park
60451 2-3Yrs 6Mos 1/10-2/28 3:30-4:10 p.m. W \$149	
60452 3Yrs 6Mos-5Yrs 1/10-2/28 4:20-5 p.m. W \$149	

TINYTYKES SOCCER - CUBS

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, listening skills and teamwork for players ages 2-3 years old. Challenger Sports' professional coaches will take your young player on a journey to imaginary destinations of dinosaurs, princesses, dragons and more through soccer, music, storytelling and games. 45 minute sessions coached by our team of international soccer coaches. Sign up today!



Challenger Sports	Wardlow Park
60254 1/10-2/28 9:30-10:15 a.m. W \$120	

TINYTYKES SOCCER - LIONS



TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, listening skills and teamwork for players ages 4-5 years old. Challenger Sports' coaches will take your young player on a journey to imaginary destinations of dinosaurs, princesses,

dragons and more through soccer, music, storytelling and games. 45 minute sessions coached by our team of international soccer coaches. Sign up today!

Challenger Sports	Wardlow Park
60255 1/10-2/28 10:30-11:15 a.m. W \$120	

TOT & PRE SOCCER

Enjoy running and kicking just like the big kids! Learn the basic techniques of the game and build self-esteem through participation and fun soccer activities. Children learn to follow in a nurturing age-appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey. Ages: 3 years, 6 months-5 years old.

Kidz Love Soccer	Good Neighbor Park
60305 1/26-3/15 4:20-4:55 p.m. F \$179	
	College Estates Park
60306 1/27-3/16 4:25-5 p.m. Sa \$179	

TOT SOCCER

Enjoy running and kicking just like the big kids! Learn the basic techniques of the game and build self-esteem through participation and fun soccer activities. Children learn to follow in a nurturing age-appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey. Ages: 3 years, 6 months-4 years old.

Kidz Love Soccer	Good Neighbor Park
60301 1/27-3/16 9:55-10:25 a.m. Sa \$179	



YOUTH CLASSES

We offer classes that keep your youngster engaged while enhancing their abilities in music, dancing, math and reading, and a variety of fitness and sport offerings.

COOKING

ALL ABOUT DOUGH!

Students will gain hands-on experience creating a variety of goods and desserts. An introductory course that will teach "All About Dough!". Students will learn different methods used in creating breads, pastries, cookies, etc. We will go over measuring ingredients, mixing, yeast development, kneading, flour/oil secrets, gluten and resting dough, proofing, the straight dough method and how to divide, shape and bake. Learn to make bread, pie, pretzels, pizza, ravioli, scones, tarts, cinnamon rolls, cookies, beignets, chicken pot pies, pastry pies and so much more! Material fee: \$60.

A Yummy Future			El Dorado Park West		
60218	8-15Yrs	12/2-12/23	4-5:30 p.m.	Sa	\$130
60219	8-15Yrs	1/6-1/27	4-5:30 p.m.	Sa	\$130
60220	8-15Yrs	2/3-2/24	4-5:30 p.m.	Sa	\$130

BASIC COOKING FOR KIDS

Receive hands-on training in a lecture and kitchen lab environment. Students will learn culinary terms and definitions, different cooking techniques, kitchen/food



safety, kitchen math, measuring, food preparation techniques, hand washing, knife safety and cutting techniques, table etiquette, basic nutrition, and substitution. We will cover sautéing, simmering, stir-frying and more that your child will be able to name. Identifying and proper use of

kitchen tools and appliances will be taught. No experience is needed, we start off with the basics from boiling water and cracking eggs then gradually increase to more advance culinary challenges like creating a chicken pot pie and stir fry. We will cover snacks, breakfast, lunch, dinner and desserts. Material Fee \$60.

A Yummy Future			El Dorado Park West		
60221	7-12Yrs	12/2-12/23	1-2:15 p.m.	Sa	\$130
60222	7-12Yrs	1/6-1/27	1-2:15 p.m.	Sa	\$130
60223	7-12Yrs	2/3-2/24	1-2:15 p.m.	Sa	\$130

CAKE DESIGN

Make a big impression with a decorated mini cake. Learn to decorate using geometric patterns, metallic stripes and more as you create small cakes with big style. Students will learn to spread frosting, fondant techniques, basic filling a piping bag and the use of different tips. Each week students



will be given a theme to recreate on their cake. Examples include decorating a lady bug, minion, camp fire, aquarium, and more. No experience necessary. This is an introductory course to cake design. Pre-made by a baker, cakes are 4-5 inches and available in regular and gluten free. Flavors include vanilla, chocolate and strawberry. Material Fee \$60.

A Yummy Future			El Dorado Park West		
60227	8-18Yrs	12/2-12/23	noon-12:45 p.m.	Sa	\$120
60228	8-18Yrs	1/6-1/27	noon-12:45 p.m.	Sa	\$120
60229	8-18Yrs	2/3-2/24	noon-12:45 p.m.	Sa	\$120

DANCE

BALLET / TAP

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker			Marina Community Center		
60374	4-7Yrs	1/3-1/24	3-3:45 p.m.	W	\$68
60362	4-7Yrs	1/4-1/25	5:45-6:30 p.m.	Th	\$68
60375	4-7Yrs	1/31-2/21	3-3:45 p.m.	W	\$68
60363	4-7Yrs	2/1-2/22	5:45-6:30 p.m.	Th	\$68

HIP HOP

A fast-paced class to get dancers on their feet and groovin'. Learn street-style dances and funky hip hop combinations to appropriate, upbeat music. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker			Marina Community Center		
60377	6-12Yrs	1/3-1/24	3:45-4:30 p.m.	W	\$68
60378	6-12Yrs	1/31-2/21	3:45-4:30 p.m.	W	\$68

HIP HOP MINIS

A fast paced class to get dancers on their feet and groovin'! Students will learn street style dance and a funky hip hop routine. Always fresh choreography each session. At session's end we'll perform a show. Tennis shoes needed for class. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker	Marina Community Center
60389 4-6Yrs 1/4-1/25	3:15-3:45 p.m. Th \$62
60390 4-6Yrs 2/1-2/22	3:15-3:45 p.m. Th \$62



JAZZ TAP

Learn the upbeat and lyrical moves of jazz in a fun routine and halfway through we'll shuffle our way into a fun tap dance! Dancers will learn turns, combinations, tap steps and more in this action packed class. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker	Marina Community Center
60365 6-12Yrs 1/4-1/25	4:15-5 p.m. Th \$68
60366 6-12Yrs 2/1-2/22	4:15-5 p.m. Th \$68

LYRICAL

Learn to express emotions through the movement of the body in this inspirational dance class. Dancers will learn the continuation of movement with choreography that fuses flowing, modern movements together. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker	Marina Community Center
60380 7-13Yrs 1/3-1/24	5:15-6 p.m. W \$68
60381 7-13Yrs 1/31-2/21	5:15-6 p.m. W \$68

MEXICAN FOLKLORICO - BEGINNING

Learn dances from different regions of Mexico. This class will work on basic footwork for beginners to create a dance. Shows count as a class. Attire: closed toe shoes, sweatpants, shorts or skirts for flexibility as well as hair pulled back from face. *No class: 12/23, 12/30 & 1/13.


Irene Portillo	Veterans Park
60392 6-12Yrs 12/9-2/10*	9-9:45 a.m. Sa \$89

MEXICAN FOLKLORICO - INTERMEDIATE

We will be learning dances from different regions of Mexico and Spain. This is a very fast paced intermediate class. Students must have some dance experience. Shows count as a class. Attire: closed toe shoes, sweatpants, shorts or skirts for flexibility as well as hair pulled back from face. *No class: 12/23, 12/30 & 1/13.

Irene Portillo	Veterans Park
60395 9-17Yrs 12/9-2/10*	11:30 a.m.-12:15 p.m. Sa \$89

LEARNING HUBS



Free hubs provide a safe space with high-speed internet for students to participate in enriching after school activities, academic support, sports, fitness and more.

Learning Hubs are open Monday-Friday: 3-6 p.m.


HOUGHTON PARK
(562) 570-1640

MCBRIDE PARK
(562) 570-1605

ORIZABA PARK
(562) 570-1427

VETERANS PARK
(562) 570-1695

LBParks.org



MUSICAL THEATRE

Calling all entertainers! Casting now - students interested in exploring dance, acting, music, and song! Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles while learning to connect acting and the emotions of the song to the choreography of the piece. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.



Anne Pennypacker Marina Community Center
60383 6-13Yrs 1/3-1/24 4:30-5:15 p.m. W \$68
60384 6-13Yrs 1/31-2/21 4:30-5:15 p.m. W \$68

PRESCHOOL GYMNASTICS

This class is structured to introduce floor work such as bridge, cartwheels, frog stands and more. Gymnasts will improve strength, balance, and skills in this fun, fast-paced class! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker Marina Community Center
60368 4-7Yrs 1/4-1/25 3:45-4:15 p.m. Th \$68
60369 4-7Yrs 2/1-2/22 3:45-4:15 p.m. Th \$68

PRIMA BALLET

Bonjour ballerinas! Designed for dancers desiring a strong ballet foundation, this class will explore proper execution of footwork, piques, pirouettes and more, learning a routine to perform. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker Marina Community Center
60371 6-12Yrs 1/4-1/25 5-5:45 p.m. Th \$68
60372 6-12Yrs 2/1-2/22 5-5:45 p.m. Th \$68

ENRICHMENT



MATH DEVELOPMENT 1-6

Students skills gaps are identified through comprehensive testing. Trained teachers structure and implement a program to reinforce identified skills in primary facts (addition, subtraction, multiplication, division), fraction operations, prime numbers, factoring concepts, decimals, algebra, geometry skills and increased confidence. For more information call: (949) 263-0633. Testing and material fee: \$20.

Readwrite Educational Solution Inc. Cherry Park
60397 6-11Yrs 1/9-1/25 5:15-6 p.m. Tu Th \$67
60398 6-11Yrs 2/1-2/27 5:15-6 p.m. Tu Th \$89



LONG BEACH PARKS, RECREATION & MARINE

WINTER FUN DAYS

December 26-29, 2023 and January 2-5, 2024
(closed December 25, January 1)

Tuesday-Friday, noon.-5 p.m. for games, arts and crafts, tournaments, cooking, movies, holiday celebrations and more.
Visit LBParks.org for program descriptions and schedules.

Participating Parks

Bixby Park (562) 570-1601	Houghton Park (562) 570-1640	Pan American Park (562) 570-1660	Somerset Park (562) 570-1690
Chavez Park (562) 570-8890	Mac Arthur Park (562) 570-1655	Ramona Park (562) 570-1665	Stearns Champions Park (562) 570-1685
College Estates Park (562) 570-1617	M.L. King Jr. Park (562) 570-4405	Scherer Park (562) 570-1674	Veterans Park (562) 570-1695
Coolidge Park (562) 570-1618	McBride Park (562) 570-1605	Seaside Park (562) 572-5126	Wardlow Park (562) 570-1705
Drake Park (562) 570-1625	Orizaba Park (562) 570-1427	Silverado Park (562) 570-1675	Whaley Park (562) 570-1710
El Dorado West Park (562) 570-3225			

LBParks.org




MATH DEVELOPMENT 2-6

Students skills gaps are identified through comprehensive testing. Teachers structure and implement a program to reinforce identified skills and increase confidence in primary facts (addition, subtraction, multiplication, division), fraction operations, prime numbers, factoring concepts, decimals, algebra, and geometry skills. For more information call: (949) 263-0633. Testing and material fee: \$20. *No class: 1/15, 2/12 & 2/19. Class held at Mae Boyer Park, 6701 Del Amo Blvd., Lakewood. Class held at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach.

Readwrite Educational Solution Inc. Mae Boyer Park
60421 6Yrs 6Mos-11Yrs 12/4-12/20 5:15-6 p.m. M W \$67
60422 6Yrs 6Mos-11Yrs 1/8-1/29* 5:15-6 p.m. M W \$67
60423 6Yrs 6Mos-11Yrs 2/5-2/28* 5:15-6 p.m. M W \$67

Long Beach Community Resource Center
60428 4Yrs 6Mos-7Yrs 1/8-1/29* 5:10-5:55 p.m. M W \$67
60429 4Yrs 6Mos-7Yrs 2/5-2/28* 5:10-5:55 p.m. M W \$67

READING DEVELOPMENT 2-6

Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially-trained teachers test, structure and implement your child's program. For more information call: (949)263-0633. Testing and material fee: \$20. *No class: 1/15, 2/12 & 2/19. Class held at Mae Boyer Park, 6701 Del Amo Blvd., Lakewood. Class held at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach.

Readwrite Educational Solution Inc. Mae Boyer Park
60418 6Yrs 6Mos-11Yrs 12/4-12/20 4:25-5:10p.m. M W \$67
60419 6Yrs 6Mos-11Yrs 1/8-1/29* 4:25-5:10p.m. M W \$67
60420 6Yrs 6Mos-11Yrs 2/5-2/28* 4:25-5:10p.m. M W \$67

Long Beach Community Resource Center
60426 4Yrs 6Mos-7Yrs 1/8-1/29* 4:20-5:05p.m. M W \$67
60427 4Yrs 6Mos-7Yrs 2/5-2/28* 4:20-5:05p.m. M W \$67

READING DEVELOPMENT K-1



Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially trained teachers test, structure and implement your child's program. For more information call: (949) 263-0633.

Testing and material fee: \$20. *No class: 1/15, 2/12 & 2/19. Class held at Mae Boyer Park, 6701 Del Amo Blvd., Lakewood. Class held at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach.

Readwrite Educational Solution Inc. Mae Boyer Park
60415 4Yrs 6Mos-7Yrs 12/4-12/20 3:35-4:20p.m. M W \$67
60416 4Yrs 6Mos-7Yrs 1/8-1/29* 3:35-4:20p.m. M W \$67
60417 4Yrs 6Mos-7Yrs 2/5-2/28* 3:35-4:20p.m. M W \$67

Long Beach Community Resource Center
60424 4Yrs 6Mos-7Yrs 1/8-1/29* 2:45-3:30p.m. M W \$67
60425 4Yrs 6Mos-7Yrs 2/5-2/28* 2:45-3:30p.m. M W \$67

READING DEVELOPMENT K-6

Individualized to your student's needs. Improves comprehension, vocabulary, spelling, and fluency. Specially-trained teachers test, structure and implement your child's program. For more information call: (949)263-0633. Testing and material fee: \$20. *No class: 1/16.

Readwrite Educational Solution Inc. Cherry Park
60400 5-11Yrs 1/9-1/25* 4:25-5:10 p.m. Tu Th \$67
60401 5-11Yrs 2/1-2/27 4:25-5:10 p.m. Tu Th \$89

READWRITE EN ESPAÑOL K-2ND GRADE

Vamos hablar Español! Help your child expand their opportunity by learning or practicing Spanish. Learn fundamentals of the Spanish alphabet, number names and continuing vocabulary, early reading, spelling and mathematic skills. This is a full Spanish immersion program. Material fee: \$20.

Readwrite Educational Solution Inc. Cherry Park
60406 4Yrs 6Mos-7Yrs 1/9-1/25 3:35-4:20 p.m. Tu Th \$67
60407 4Yrs 6Mos-7Yrs 2/1-2/27 3:35-4:20 p.m. Tu Th \$89

MUSIC

EXPLORING INSTRUMENTS

Want to play music, but not sure where to start? This class will give you a chance to try three popular instruments: piano, guitar and drums. A beginning level class, no experience necessary. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. Jammin' Music
60282 7-11Yrs 1/17-2/21 4-4:50 p.m. W \$100

KEYBOARD KIDS

Children will be guided through a variety of fun and engaging musical activities with an emphasis on keyboards. Rhythm, note recognition and proper keyboard techniques will be taught as well as simple melodies. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. Jammin' Music
60283 5-6Yrs 1/20-2/24 11-11:50 a.m. Sa \$105

SPORTS

D-UP BALLERS

D-Up Ballers will challenge you mentally and physically in the game of basketball. This program is geared for all levels, enhancing your basketball skills. You will be working on dribbling, passing, shooting, defense, footwork and much more. We will have player(s) of the week and give out prizes! Material fee: \$20. *No class: 12/24 & 12/31.

James Christian Pan American Park
60258 7-16Yrs 12/3-1/14* noon-1 p.m. Su \$60
60259 7-16Yrs 1/28-2/18 noon-1 p.m. Su \$60



FREE AFTER SCHOOL PROGRAM

AGES 5-12

CITY OF
**LONG
BEACH**

Long Beach Parks, Recreation and Marine offers drop-in activities Monday through Friday at the following park sites. Programs include homework help, games, arts and crafts, tournaments, cooking, holiday celebrations and more. To register call (562) 570-3150 or visit: LBParks.org for more information. Park locations and times are subject to change.

Bixby Park
130 Cherry Ave.
(562) 570-1601
M-F: 3-6 p.m.

Chavez Park
401 Golden Ave.
(562) 570-8890
M-F: 3-6 p.m.

College Estates Park
808 Stevely Ave.
(562) 570-1617
M-F: 2:30-5:30 p.m.

Coolidge Park
352 Neece Ave.
(562) 570-1618
M-F: 3-6 p.m.

Drake Park
951 Maine Ave.
(562) 570-1625
M-F: 3-6 p.m.

El Dorado West Park
2800 Studebaker Rd.
(562) 570-3225
M-F: 3-6 p.m.

Houghton Park*
6301 Myrtle Ave.
(562) 570-1640
M-F: 3-6 p.m.
see page 10

Mac Arthur Park
1321 Anaheim St.
(562) 570-1655
M-F: 2:30-5:30 p.m.

McBride Park*
1550 M.L.K. King Jr. Blvd.
(562) 570-1605
M-F: 3-6 p.m.
see page 10

M.L. King Jr. Park
1950 Lemon Ave.
(562) 570-4405
M-F: 3-6 p.m.

Orizaba Park*
2937 E 14th St.
(562) 570-1427
M-F: 3-6 p.m.
see page 10

Pan American Park
5157 Centralia St.
(562) 570-3297
M,Tu,W,F: 2:30-5:30 p.m.
Thursday: 1:30-5:30 p.m.

Ramona Park
3301 E. 65th St.
(562) 570-1665
M-F: 3-6 p.m.

Seaside Park
1401 Chestnut Ave.
(562) 572-5126
M-F: 3-6 p.m.

Silverado Park
1545 W. 31st St.
(562) 570-1675
M-F: 3-6 p.m.

Somerset Park
1500 E. Carson St.
(562) 570-1690
M-F: 3-6 p.m.

Stearns Champions Park
4520 E. 23rd St.
(562) 570-1685
M-F: 3-6 p.m.

Veterans Park*
101 E. 28th St.
(562) 570-1695
M-F: 2:30-5:30 p.m.
see page 10

Wardlow Park
3457 Stanbridge Ave.
(562) 570-1705
M-F: 3-6 p.m.

Whaley Park
5620 Atherton St.
(562) 570-1710
M-F: 2:30-5:30 p.m.

* Learning Hubs



JUJITSU

Self-defense class for children; students learn escapes, throws, and holds while developing better listening skills, coordination, and self-confidence from one-on-one instruction from an instructor with 40 years of self defense experience. New students start first Monday or Wednesday of each month. For more info visit: www.LakewoodBudoKai.com. *No class: 1/15 & 2/19.

Russell Kelley		Stearns Champions Park	
60290	6-12Yrs 12/1-12/20	6-7 p.m.	M W F \$45
60291	6-12Yrs 1/3-1/31*	6-7 p.m.	M W F \$45
60292	6-12Yrs 2/2-2/28*	6-7 p.m.	M W F \$45

KARATE - SHOTOKAN

This traditional Japanese karate retains all traditions of this ancient martial art. The philosophy and rules of karate will help children develop discipline and respect. Consistent training helps students become stronger and develop more confidence. Karate will teach students the customs and courtesies of the Japanese culture. *No class: 12/25, 1/15 & 2/19.

Jony Martinez		Cesar Chavez Park	
60311	5-12Yrs 12/1-12/29*	6-7 p.m.	M W F \$85
60312	5-12Yrs 1/3-1/31*	6-7 p.m.	M W F \$85
60313	5-12Yrs 2/2-2/23*	6-7 p.m.	M W F \$85

PRE SOCCER

Enjoy running and kicking just like the big kids! Learn the basic techniques of the game and build self-esteem through participation and fun soccer activities. Children learn to follow in a nurturing age-appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey.

Kidz Love Soccer		Good Neighbor Park	
60302	4-5Yrs 1/27-3/16	10:30-11:05 a.m.	Sa \$179

TRADITIONAL KARATE - BEGINNING

Students will learn traditional Japanese style of karate, Itosu-Ryu. Emphasis on self-discipline, manners and respect. Testing is done on an individual basis. Material fee (new students): \$5.

David Crockett		El Dorado Park West	
60266	5-16Yrs 12/2-2/24	10-10:45 a.m.	Sa \$140

TRADITIONAL KARATE - INTERMEDIATE

Students will learn the traditional Japanese style of karate, Itosu-Ryu. Emphasis on self-discipline, manners and respect. Testing is done on an individual basis. Intermediate class is for yellow belt 2-stripe and up. Material fee (new students): \$5.

David Crockett		El Dorado Park West	
60267	5-18Yrs 12/2-2/24	10:45-11:30 a.m.	Sa \$155



LONG BEACH PARKS, RECREATION & MARINE

FREE MOBILE RECESS

Ages 5-14



CRAFTS • SPORTS • GAMES • ENRICHMENT

Mobile Recess staff drive trucks loaded with supplies and equipment to designated neighborhood streets and provide activities for youth. Join us for crafts, sports, games and enrichment in a supervised environment.



MONDAY & THURSDAY
GRACE PARK - 2-4:30 p.m.
361 Plymouth St.

TUESDAY & FRIDAY
ROSE PARK - 3-5:30 p.m..
corner of Orizaba and 8th St.

WEDNESDAY
HUDSON PARK - 3-5:30 p.m.
2335 Webster Ave.

VISIT LBPARKS.ORG OR CALL (562) 570-3153

SHOTOKAN KARATE

Shotokan is a Japanese karate developed from various martial arts of "empty hand" fighting. To learn the Shotokan style one begins with humility. Shotokan is self-defense karate and discipline of the mind. Students of any age will develop valuable self-defense skills, self-control, self-discipline and improve concentration, coordination and focus. Please wear loose fitting clothing (preferably white). Uniforms are available for an additional \$40 (regardless of the size).

Antonio Silva

60453 4-17Yrs 12/1-12/30 6-7 p.m.
60454 4-17Yrs 1/5-1/27 6-7 p.m.
60455 4-17Yrs 2/2-2/24 6-7 p.m.

Bixby Park

F Sa \$50
F Sa \$50
F Sa \$50

SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. Using our professional curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skills-based instruction and small-sided scrimmages.

Skyhawks Sports Academy

60447 7-10Yrs 1/12-3/1 4:20-5 p.m.

Marina Vista Park

F \$149

SOCCER 1 - TECHNIQUES & TEAMWORK

Develop dribbling, passing, defense and shooting skills! Fun games are played at every session and every participant will have a ball at their feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. All participants will receive a Kidz Love Soccer jersey.

Kidz Love Soccer

60300 5-6Yrs 1/26-3/15 3:30-4:15 p.m. F \$179
60303 5-6Yrs 1/27-3/16 11:10-11:55 a.m. Sa \$179

Good Neighbor Park

College Estates Park

60310 5-6Yrs 1/27-3/16 3:35-4:20 p.m. Sa \$179

SOCCER 2 - SKILLZ & SCRIMMAGES

Have a great time while developing core soccer skills: dribbling, passing and shooting in a team play format. Each class includes individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! Shin guards are required. All participants receive a Kidz Love Soccer jersey.

Kidz Love Soccer

60309 7-10Yrs 1/27-3/16 noon.-12:45 p.m. Sa \$179

Good Neighbor Park

College Estates Park

60304 7-10Yrs 1/27-3/16 2:45-3:30 p.m. Sa \$179



LONG BEACH PARKS, RECREATION & MARINE

FREE YOUTH SPORTS LEAGUES

COED BASKETBALL Born 2010-2019
BOYS BASKETBALL Born 2010-2019
GIRLS BASKETBALL Born 2010-2019

Emphasis is placed on participation and skill development.
Nine week season schedule includes practices and six weeks of games.

*Register online starting November 27, 2023 at teamsideline.com/longbeach.
Leagues start January 27, 2024 at Long Beach Parks.*

*Call your local park for practice schedule information.
\$10 uniform and team photo fee.*



TEEN CLASSES

ART AND CULTURAL

Explore Your Creativity

CERAMICS WORKSHOP

Learn basic ceramics techniques: coiling, slabbing, wheel, glazing, mold making and sculpture. All skill levels welcome. We fire to cone 6. Bring notepad, pencil and material fee to first class. Additional supplies will be needed, instructor will provide the list. Material fee: \$32.

Anita Sinclair			Bixby Park	
60462	16Yrs+	1/7-2/25	1:30-4:30 p.m.	Su \$62
60463	16Yrs+	1/8-2/26	9 a.m.-noon	M \$62
60459	16Yrs+	1/10-2/28	6-9 p.m.	W \$62

ADVANCED CERAMICS WORKSHOP

This is an advanced course. We fire to cone 6. We will be experimenting with materials and techniques that do not get covered in the basic ceramics workshop. Feel free to do self directed projects with guidance during this class section. Additional supplies will be available or students who have developed technical sufficiency and have a desire to explore deeper into ceramic processes. Bring samples of work, notepad, pencil, your clay and tools and material fee to first class meeting. Material fee: \$32.

Anita Sinclair			Bixby Park	
60460	16Yrs+	1/11-2/29	6-9 p.m.	Th \$62

DRAWING FUNDAMENTALS



Yes. You CAN learn to draw. It is a skill that everyone can learn with practice. In this course, you will learn how to draw through a series of skill based focused exercises. You will learn contour line, positive/negative space, value, perspective, shading, composition and more.

Anita Sinclair			Bixby Park	
60464	16Yrs+	1/8-1/29	12:30-3:30 p.m.	M \$62

OIL PAINTING

Representational oil painting of still life arrangements and landscapes from observation. All skill levels welcome. We will focus on techniques, skill building, color mixing, composition and conceptual skills.

Anita Sinclair			Bixby Park	
60461	16Yrs+	1/7-2/25	10 a.m.-1 p.m.	Su \$62

FAST QUILT RETREAT

An all day weekend retreat. Come Friday to set up. Then sew all day on Saturday and Sunday with friends. You can work on your own project or work on a class project.

Sandra Szladek			Wardlow Park	
60467	16Yrs+	12/1-12/3	6:30-9 p.m.	F
			10 a.m.-10 p.m.	SaSu \$60
60468	16Yrs+	2/2-2/4	6:30-9 p.m.	F
			10 a.m.-10 p.m.	SaSu \$60

COOKING

BASIC COOKING FOR TEENS

Students will receive hands-on training in a lecture and kitchen lab environment and learn culinary terms and definitions, various cooking techniques, kitchen/food safety, kitchen math, measuring, food preparation, hand washing, knife safety and cutting techniques, table etiquette, basic nutrition, and substitution. We will cover sautéing, simmering, stir-fry and more that your child will be able to name. Identify and properly operate kitchen tools and appliances. No experience needed, we start off with the basics from boiling water and cracking eggs and gradually increase to more advance culinary challenges like creating a chicken pot pie and stir fry. We will cover snacks, breakfast, lunch, dinner and desserts in this class. Material fee \$60.

A Yummy Future			El Dorado Park West	
60224	13-18 Yrs	12/2-12/23	2:30-3:45 p.m.	Sa \$130
60225	13-18 Yrs	1/6-1/27	2:30-3:45 p.m.	Sa \$130
60226	13-18 Yrs	2/3-2/24	2:30-3:45 p.m.	Sa \$130

DANCE

BELLY DANCE

A fun fitness and energizing dance. Burn calories, reduce stress, increase self-esteem, and trim/tone your body with graceful movements. Strengthen back and stomach muscles, improve stamina and flexibility to exotic music. Beginning class meets at 6:15 p.m., intermediate meets at 7:30 p.m. and advanced meets at 8:45 p.m. *No class: 12/25, 1/1 & 1/15

Fahtiem			Wardlow Park	
60270	14Yrs+	12/4-1/22*	6:15-7:15 p.m.	M \$45
60271	14Yrs+	12/4-1/22*	7:30-8:30 p.m.	M \$45
60272	14Yrs+	12/4-1/22*	8:45-9:45 p.m.	M \$45
60273	14Yrs+	1/29-2/19	6:15-7:15 p.m.	M \$39
60274	14Yrs+	1/29-2/19	7:30-8:30 p.m.	M \$39
60275	14Yrs+	1/29-2/19	8:45-9:45 p.m.	M \$39

MEXICAN FOLKLORICO - ADVANCED INTERMEDIATE

We will be learning dances from different regions of Mexico. Students must have the ability to learn to keep up with fast paced dance steps. Shows count as a class. Attire: closed toe shoes, sweatpants, shorts or skirts for flexibility as well as hair pulled back from face. *No class: 12/23, 12/30 & 1/13.

Irene Portillo **Veterans Park**
60394 14-18 Yrs 12/9-2/10* 10:45-11:30 a.m. Sa \$89

MEXICAN FOLKLORICO - ADVANCED

A very fast-paced class. We will be learning dances from different regions of Mexico. Shows count as a class. Girl students must have dance shoes, practice skirts, hair pulled back in a ponytail or bun. Boys must have dance boots and sweatpants for flexibility. No jeans. *No class: 12/23, 12/30 & 1/13.

Irene Portillo **Veterans Park**
60393 14-18 Yrs 12/9-2/10* 9:45-10:45 a.m. Sa \$89

DOG TRAINING



DOG BEHAVIOR TRAINING 101 POSITIVE REINFORCEMENT

Help your dog become a well-behaved family member without the use of fear or intimidation (no choke chains/prong collars). Learn a variety of rewards and consequences and how to decrease rewards as behaviors are learned. Class covers foundation behaviors, real-life basic commands, and more! Dogs four months and older with current vaccines. Contact (714) 821-6622 or CrossroadsPetResort.com for more information. Material fee: \$10.

Crossroads Country Club Pet Resort Marina Vista Park
60268 10Yrs+ 1/13-2/10 9:30-10:30 a.m. Sa \$185

DOG BEHAVIOR TRAINING 201 POSITIVE REINFORCEMENT

Continue to enhance your relationship with your dog by building on the foundation behaviors you learned in our 101 class. Practice more advanced real life commands with added distance, duration, distractions and more! Vaccines must be current. For more information: (714) 821-6622 or CrossroadsPetResort.com. Material fee: \$10.

Crossroads Country Club Pet Resort Marina Vista Park
60269 10Yrs+ 1/13-2/10 10:30-11:30 a.m. Sa \$185

ENRICHMENT



ONLINE DRIVER'S EDUCATION

California required course to obtain driver's permit. Course is fun and interactive; includes parental involvement. Coursework can be completed at any time of day or night. DMV accepted completion certificates with successful completion. Driving not included.

All Good Driving School Inc	Online
60494 14-18 Yrs 12/1-12/30 Every day	\$40
60495 14-18 Yrs 1/2-1/31 Every day	\$40
60496 14-18 Yrs 2/1-2/29 Every day	\$40

FITNESS

40-30-20 INTERVAL TRAINING

A new body, a new you! Lose fat while increasing your strength, endurance, flexibility, and cardiovascular fitness with workouts that are fun, challenging, and never boring. Become lean, agile, strong, toned during 40, 30, and 20 second Tabata Boot Camp-style exercise intervals that change your body and give you lasting results. All fitness levels welcome. Bring mat. Optional one time equipment fee of up to \$35. Walk-in fee available.

Tami Santy	Recreation Park
60432 16Yrs+ 12/4-12/11 6-6:45 p.m. M	\$22
60433 16Yrs+ 1/8-1/29 6-6:45 p.m. M	\$44
60443 16Yrs+ 2/5-2/26 6-6:45 p.m. M	\$44

B.L.A.S.T. TOTAL BODY FITNESS

This full-body workout boosts your metabolism, blasts away inches and helps you Become Lean, Agile, Strong, Toned with the perfect combination of strength, cardio and agility/sports movements. We will use body weight, kettlebells, agility ladders, battle ropes, and other fitness toys - each workout is unique, challenging, and fun. All fitness levels welcome. Bring dumbbells and mat. Walk-in fee available.

Tami Santy	El Dorado Park West
60436 16Yrs+ 12/7-12/14 6-6:45 p.m. Th	\$22
60437 16Yrs+ 1/11-2/1 6-6:45 p.m. Th	\$44
60445 16Yrs+ 2/8-2/29 6-6:45 p.m. Th	\$44

DANCE WITH CARMEN

A Dance class in Spanish! Have fun while you tone up and dance the stress away. Una clase de baile en Espanol! Diviértete y mantente saludable. Despidete del estres y disfrutate a lo maximo mientras tonificas tu cuerpo. Precio por persona, por clase. Clase en el Parque Silverado.

Carmen Valdivia			Silverado Park		
60482	14Yrs+	12/5-12/28	9-10 a.m.	Tu Th	\$2
60483	14Yrs+	1/9-1/30	9-10 a.m.	Tu Th	\$2
60484	14Yrs+	2/1-2/27	9-10 a.m.	Tu Th	\$2

YOGA WITH LACEY

This all levels, alignment-based yoga class will include various poses and movement focused upon strength, stretch and balance. Breathing and relaxation techniques are also explored to link mind and body awareness. Please bring a yoga mat, 2 yoga blocks and yoga strap. Walk in fee available. *No class: 1/15 & 2/19.

Lacey Marsac			Wardlow Park		
60329	16Yrs+	12/4-12/18	6:15-7:15 p.m.	M	\$30
60332	16Yrs+	12/4-12/18	7:30-8:30 p.m.	M	\$30
60335	16Yrs+	12/6-12/27	6:15-7:15 p.m.	W	\$40
60338	16Yrs+	12/6-12/27	7:30-8:30 p.m.	W	\$40
60336	16Yrs+	1/3-1/31	6:15-7:15 p.m.	W	\$50
60339	16Yrs+	1/3-1/31	7:30-8:30 p.m.	W	\$50
60330	16Yrs+	1/8-1/29*	6:15-7:15 p.m.	M	\$30
60333	16Yrs+	1/8-1/29*	7:30-8:30 p.m.	M	\$30

60331	16Yrs+	2/5-2/26*	6:15-7:15 p.m.	M	\$30
60334	16Yrs+	2/5-2/26*	7:30-8:30 p.m.	M	\$30
60337	16Yrs+	2/7-2/21	6:15-7:15 p.m.	W	\$30
60340	16Yrs+	2/7-2/21	7:30-8:30 p.m.	W	\$30



JUJITSU

Japanese Jujitsu self defense. Students learn escapes, throws, locks, and holds to control a larger opponent from one-on-one instruction with 40 years of self defense experience. Class is for beginners and advanced students. New students start first Monday or Wednesday of each month. For more info visit: www.Lakewood-BudoKai.com. *No class: 1/15 & 2/19.

Russell Kelley			Stearns Champions Park		
60293	13Yrs+	12/1-12/20	7-8 p.m.	M W F	\$45
60294	13Yrs+	1/3-1/31*	7-8 p.m.	M W F	\$45
60295	13Yrs+	2/2-2/28*	7-8 p.m.	M W F	\$45

RECREATION CLASS SCHOLARSHIPS NOW AVAILABLE

YOU CAN HELP CHILDREN PARTICIPATE IN RECREATION CLASSES BY DONATING TO PARTNERS OF PARKS YOUTH SCHOLARSHIP FUND USING THE QR CODE

LBUSD YOUTH AGES 3-18 are eligible to receive scholarships for Parks, Recreation and Marine classes for free, up to \$150 per year. Parents must certify their child/children is/are eligible for free or reduced-price meals at their school to qualify.

Apply online at <http://weblink.donorperfect.com/YSApp>. Spanish application also available online at <http://weblink.donorperfect.com/SPYSApp>.



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KARATE

Okinawan Shorin Ryu Karate; learn blocks, punches, strikes, and kicks to defend against an attack with one-on-one instruction from an instructor with over 40 years of self-defense experience. Class is for beginners and advanced students. New students start first Monday or Wednesday of each month. For more info visit: www.LakewoodBudoKai.com. *No class: 1/15 & 2/19.

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60297	13Yrs+ 1/3-1/31*	8-9 p.m.	M W F \$45
60298	13Yrs+ 2/2-2/28*	8-9 p.m.	M W F \$45

KARATE - SHOTOKAN

Japanese Karate retains all the traditions of this ancient art. The philosophy and rules of karate will help develop discipline and respect. Consistent training helps students become stronger and develop confidence. Karate will teach students the customs and courtesies of Japanese culture. Uniforms are available for an additional amount. More information will be given during the first class. *No class: 12/25, 1/15 & 2/19.

Jony Martinez		Cesar Chavez Park	
60314	12Yrs+ 12/1-12/29*	7:15-8:30 p.m.	M W F \$85
60315	12Yrs+ 1/3-1/31*	7:15-8:30 p.m.	M W F \$85
60316	12Yrs+ 2/2-2/23*	7:15-8:30 p.m.	M W F \$85

Long Beach Parks, Recreation & Marine
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LONG BEACH PARKS, RECREATION & MARINE
TEEN CENTERS



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**OFFERING: RECREATIONAL ACTIVITIES • FITNESS CLASSES • VOLUNTEER OPPORTUNITIES • TOURNAMENTS
HOMEWORK ASSISTANCE • AND MORE!**

PARK LOCATIONS

Admiral Kidd Park
2125 Santa Fe Ave.

Cesar Chavez Park
401 Golden Ave.

Freeman Community Center
1205 Freeman Ave.

Houghton Park
6301 Myrtle Ave.

McBride Park
1520 Martin Luther King Jr. Ave.

Silverado Park
1545 W. 31st St.

LBParks.org



ADULT CLASSES

ART AND CULTURAL

CERAMICS WORKSHOP

Learn basic ceramics techniques: coiling, slabbing, wheel, glazing, mold making and sculpture. All skill levels welcome. We fire to cone 6. Bring notepad, pencil and material fee to first class. Additional supplies will be needed, instructor will provide the list. Material fee: \$32.

Anita Sinclair			Bixby Park	
60462	16Yrs+	1/7-2/25	1:30-4:30 p.m.	Su \$62
60463	16Yrs+	1/8-2/26	9 a.m.-noon	M \$62
60459	16Yrs+	1/10-2/28	6-9 p.m.	W \$62

ADVANCED CERAMICS WORKSHOP



This is an advanced course. We fire to cone 6. We will be experimenting with materials and techniques that are not covered in the basic ceramics workshop. Feel free to do self directed projects with guidance during this class section. Additional supplies will be available for students who have developed technical sufficiency and a desire to explore deeper into ceramic processes. Bring samples of work, notepad, pencil, your

clay and tools and material fee to first class meeting. Material fee: \$32.

Anita Sinclair			Bixby Park	
60460	16Yrs+	1/11-2/29	6-9 p.m.	Th \$62

DRAWING FUNDAMENTALS

Yes. You CAN learn to draw. It is a skill that everyone can learn with practice. In this course, you will learn how to draw through a series of skill based focused exercises. You will learn contour line, positive/negative space, value, perspective, shading, composition, and more.

Anita Sinclair			Bixby Park	
60464	16Yrs+	1/8-1/29	12:30-3:30 p.m.	M \$62

OIL PAINTING

Representational oil painting of still life arrangements and landscapes from observation. All skill levels welcome. We will focus on techniques, skill building, color mixing, composition and conceptual skills.

Anita Sinclair			Bixby Park	
60461	16Yrs+	1/7-2/25	10 a.m.-1 p.m.	Su \$62

20 SIGN UP FOR LINKLB AT LONGBEACH.GOV/LINKLB

FAST QUILT



Come join the fun! Fast Quilt consists of making quilts with a sewing machine. You can do your own thing or the class project. This class is suitable for the beginner through more advanced quilter. Material list at first class. You will need a sewing machine in good working condition.

Sandra Szladek			Wardlow Park	
60465	18Yrs+	12/6-1/10	6:30-9 p.m.	W \$33
60466	18Yrs+	1/17-2/28	6:30-9 p.m.	W \$38

FAST QUILT RETREAT

An all day weekend retreat. Come Friday to set up. Then sew all day on Saturday and Sunday with friends. You can work on your own project or work on a class project.

WEEKEND QUILTING RETREAT

Sandra Szladek			Wardlow Park	
60467	16Yrs+	12/1-12/3	6:30-9 p.m.	F
			10 a.m.-10 p.m.	SaSu \$60
60468	16Yrs+	2/2-2/4	6:30-9 p.m.	F
			10 a.m.-10 p.m.	SaSu \$60

DANCE



2 STEP & SWING

Grab your boots and learn the latest 2 step pattern- plus learn East Coast Swing moves. No partner or experience needed. Class held at the Weingart Senior Center, 5220 Oliva Ave., Lakewood.

Janet Karter			Weingart Senior Center	
60285	18Yrs+	1/3-2/7	7-8 p.m.	W \$36

ADULT TAP

An amazing workout that's fun at the same time! This class is for those who have wanted to tap or have had tap dancing before. Explore various styles of tap in fun routines. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker		Marina Community Center			
60359	18Yrs+	1/4-1/25	7-7:45 p.m.	Th	\$68
60360	18Yrs+	2/1-2/22	7-7:45 p.m.	Th	\$68

ALMOST BALLET

Learn to dance at any age. Class includes warm-ups, stretching, floor exercises, pilates, cool down and relaxation exercises. Please bring a mat and wear ballet slippers or socks. Fee per person, per class.

Mildred Caudillo		El Dorado Park West			
60248	18Yrs+	12/1-12/29	10-11:15 a.m.	F	\$5
60249	18Yrs+	1/5-1/26	10-11:15 a.m.	F	\$5
60250	18Yrs+	2/2-2/23	10-11:15 a.m.	F	\$5

ARGENTINE TANGO

A friendly and patient instruction awaits you in this beginner class. 8-count basic, ochos (forward/back), turns and walks. A partner is recommended. Fee per person, per class. *No class: 12/15, 1/19 & 2/16.

Mildred Caudillo		Wardlow Park			
60251	18Yrs+	12/1-12/29*	7-8 p.m.	F	\$10
60253	18Yrs+	2/2-2/23*	7-8 p.m.	F	\$10
60252	18Yrs+	1/5-1/26*	7-8 p.m.	F	\$10

BELLY DANCE

A fun fitness and energizing dance. Burn calories, reduce stress, increase self-esteem, and trim/tone your body with graceful movements. Strengthen back and stomach muscles, improve stamina and flexibility to exotic music. Beginning class meets at 6:15 p.m., intermediate meets at 7:30 p.m. and advanced meets at 8:45 p.m. *No class: 12/25, 1/1 & 1/15.

Fahtiem		Wardlow Park			
60270	14Yrs+	12/4-1/22*	6:15-7:15 p.m.	M	\$45
60271	14Yrs+	12/4-1/22*	7:30-8:30 p.m.	M	\$45
60272	14Yrs+	12/4-1/22*	8:45-9:45 p.m.	M	\$45
60273	14Yrs+	1/29-2/19	6:15-7:15 p.m.	M	\$39
60274	14Yrs+	1/29-2/19	7:30-8:30 p.m.	M	\$39
60275	14Yrs+	1/29-2/19	8:45-9:45 p.m.	M	\$39

LATIN RHYTHMS BALLROOM

Learn to look your best on the dance floor! This class will cover leads and follows, basics and turns of salsa, bachata, rumba, swing and more! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker		Marina Community Center			
60391	18Yrs+	1/31-2/21	6:30-7:15 p.m.	W	\$68

LINE DANCING

Line dancing to all types of music is fun to do at clubs, parties, everywhere. Learn new routines each week. Meet new people. No experience needed. Class held at the Weingart Senior Center, 5220 Oliva Ave., Lakewood.

Janet Karter		Weingart Senior Center			
60286	18Yrs+	1/3-2/7	6-7 p.m.	W	\$36

DOG TRAINING



DOG BEHAVIOR TRAINING 101 POSITIVE REINFORCEMENT

Help your dog become a well-behaved family member without the use of fear or intimidation (no choke chains/prong collars). Learn a variety of rewards and consequences and how to decrease rewards as behaviors are learned. Class covers foundation behaviors, real-life basic commands, and more! Dogs four months and older with current vaccines. Contact (714) 821-6622 or CrossroadsPetResort.com for more information. Material fee: \$10.

Crossroads Country Club Pet Resort		Marina Vista Park			
60268	10Yrs+	1/13-2/10	9:30-10:30 a.m.	Sa	\$185

DOG BEHAVIOR TRAINING 201 POSITIVE REINFORCEMENT

Continue to enhance your relationship with your dog by building on the foundation behaviors you learned in our 101 class. Practice more advanced real life commands with added distance, duration, distractions and more! Vaccines must be current. For more information: (714) 821-6622 or Crossroads-PetResort.com. Material fee: \$10.



Crossroads Country Club Pet Resort		Marina Vista Park			
60269	10Yrs+	1/13-2/10	10:30-11:30 a.m.	Sa	\$185

FITNESS

40-30-20 INTERVAL TRAINING

A new body, a new you! Lose fat while increasing your strength, endurance, flexibility, and cardiovascular fitness with workouts that are fun, challenging, and never boring. Become lean, agile, strong, toned during 40, 30, and 20 second Tabata Boot Camp-style exercise intervals that change your body and give you lasting results. All fitness levels welcome. Bring mat and resistance band. Optional one time equipment fee. Walk-in fee available.

**BOOT
CAMP
STYLE**

Tami Santy		Recreation Park			
60434	16Yrs+ 12/4	6-6:45 p.m.	M	\$13	
60433	16Yrs+ 1/8-1/29	6-6:45 p.m.	M	\$44	
60443	16Yrs+ 2/5-2/26	6-6:45 p.m.	M	\$44	

AEROBICS LITE

Great for starters! Great if you're getting back into exercise! Music has a slower tempo and aerobic moves are easy to follow. Bring a mat, light hand weights (1-5 lbs) and water. Walk-in fee available. *No class: 12/25.

Tracey Wiltse		Recreation Park			
60485	18Yrs+ 12/1-12/29*	8:30-9:30 a.m.	M W F	\$40	
60486	18Yrs+ 1/3-1/31	8:30-9:30 a.m.	M W F	\$40	
60487	18Yrs+ 2/2-2/28	8:30-9:30 a.m.	M W F	\$40	

B.L.A.S.T. TOTAL BODY FITNESS

This full-body workout boosts your metabolism, blasts away inches and helps you Become Lean, Agile, Strong, Toned with the perfect combination of strength, cardio and agility/sports movements. We will use body weight, kettlebells, agility ladders, battle ropes, and other fitness toys - each workout is unique, challenging, and fun. All fitness levels welcome. Bring dumbbells and mat. Walk-in fee available.

Tami Santy		El Dorado Park West			
60438	16Yrs+ 12/7	6-6:45 p.m.	Th	\$13	
60437	16Yrs+ 1/11-2/1	6-6:45 p.m.	Th	\$44	
60445	16Yrs+ 2/8-2/29	6-6:45 p.m.	Th	\$44	

CSI - CARDIO SCULPT LOW-IMPACT AEROBICS

Increase cardio endurance, build core strength plus balance with mat pilates, weights and bands. Interval format Wednesday. All fitness levels. Bring mat, water and weights. Walk-in fee available. *No class: 12/25.

Marilynn Bodnar		El Dorado Park West			
60242	18Yrs+ 12/4-12/27	5:30-6:30 p.m.	M W	\$25	
60243	18Yrs+ 1/3-1/31*	5:30-6:30 p.m.	M W	\$25	
60244	18Yrs+ 2/5-2/28*	5:30-6:30 p.m.	M W	\$25	

DANCE WITH CARMEN

A Dance class in Spanish! Have fun while you tone up and dance the stress away. Una clase de baile en Espanol! Diviertete y mantente saludable. Despidete del estres y

disfrutate a lo maximo mientras tonificas tu cuerpo. Precio por persona, por clase. Clase en el Parque Silverado.

Carmen Valdivia		Silverado Park			
60482	14Yrs+ 12/5-12/28	9-10 a.m.	Tu Th	\$2	
60483	14Yrs+ 1/9-1/30	9-10 a.m.	Tu Th	\$2	
60484	14Yrs+ 2/1-2/27	9-10 a.m.	Tu Th	\$2	



MINDFULNESS TAI CHI & QIGONG

Enjoy a relaxing, centering, and energizing evening! Cultivate wellness and vitality while building your knowledge of these healing martial arts. Explore one new mindfulness technique per session. Each class illuminates a step on the path toward form mastery. Physically adaptive and emotionally safe instruction. Walk-in fee available.

Richard Harvey		Bixby Park			
60430	18Yrs+ 11/30-12/14	7:30-9p.m.	Th	\$35	
60431	18Yrs+ 1/18-2/22	7:30-9p.m.	Th	\$70	

TAI CHI & QIGONG

A peaceful, ancient Chinese exercise that relaxes the mind and body through slow, controlled movements. It also enhances balance and memory.

Howard Richner		Bixby Park			
60276	18Yrs+ 12/2-12/16	9:30-10:45a.m.	Sa	\$41	
60277	18Yrs+ 1/6-1/27	9:30-10:45a.m.	Sa	\$55	
60278	18Yrs+ 2/3-2/24	9:30-10:45a.m.	Sa	\$55	

YOGA WITH LACEY

This all levels, alignment-based yoga class will include various poses and movement focused on strength, stretch and balance. Breathing and relaxation techniques are also explored to link mind and body awareness. Please bring a yoga mat, 2 yoga blocks and yoga strap. Walk in fee available. *No class: 1/15 & 2/19.

Lacey Marsac		Wardlow Park			
60329	16Yrs+ 12/4-12/18	6:15-7:15 p.m.	M	\$30	
60332	16Yrs+ 12/4-12/18	7:30-8:30 p.m.	M	\$30	
60335	16Yrs+ 12/6-12/27	6:15-7:15 p.m.	W	\$40	
60338	16Yrs+ 12/6-12/27	7:30-8:30 p.m.	W	\$40	
60336	16Yrs+ 1/3-1/31	6:15-7:15 p.m.	W	\$50	
60339	16Yrs+ 1/3-1/31	7:30-8:30 p.m.	W	\$50	
60330	16Yrs+ 1/8-1/29*	6:15-7:15 p.m.	M	\$30	
60333	16Yrs+ 1/8-1/29*	7:30-8:30 p.m.	M	\$30	
60331	16Yrs+ 2/5-2/26*	6:15-7:15 p.m.	M	\$30	
60334	16Yrs+ 2/5-2/26*	7:30-8:30 p.m.	M	\$30	
60337	16Yrs+ 2/7-2/21	6:15-7:15 p.m.	W	\$30	
60340	16Yrs+ 2/7-2/21	7:30-8:30 p.m.	W	\$30	

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60298	13Yrs+ 2/2-2/28*	8-9 p.m.	M W F \$45

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Jony Martinez		Cesar Chavez Park	
60314	12Yrs+ 12/1-12/29*	7:15-8:30 p.m.	M W F \$85
60315	12Yrs+ 1/3-1/31*	7:15-8:30 p.m.	M W F \$85
60316	12Yrs+ 2/2-2/23*	7:15-8:30 p.m.	M W F \$85

SHOTOKAN KARATE

Shotokan, a Japanese karate developed from various martial arts of "empty hand" fighting. The Shotokan style begins with humility. Shotokan is not only self defense karate but also discipline of the mind. Students of any age will develop valuable self-defense skills, self-control and self-discipline, improve concentration, coordination and focus. Please wear loose fitting clothing (preferably white). Uniforms are available for an additional \$40 (regardless of the size).

Antonio Silva		Bixby Park	
60456	18Yrs+ 12/1-12/30	7-8 p.m.	F Sa \$50
60457	18Yrs+ 1/5-1/27	7-8 p.m.	F Sa \$50
60458	18Yrs+ 2/2-2/24	7-8 p.m.	F Sa \$50

Make Your Best Friend's Day, Visit a Dog Park

Bixby Dog Park
Coolidge Dog Park
El Dorado Dog Park
Gayle Carter Dog Park
Jackson Dog Park
K9 Corner Dog Park
Lincoln Dog Park
Pike Park Dog Park
Recreation Dog Park
Rosie's Dog Beach
Seaside Dog Zone
Wrigley Heights Dog Park



LBParks.org

Oh Please Oh Please Oh Please Oh Please!



CITY OF
LONG BEACH



LONG BEACH PARKS, RECREATION & MARINE

CITY OF
LONG
BEACH

Adults 50+ SENIOR PROGRAMS

Offering arts and cultural experiences, dance, fitness, life-long learning, enrichment, health and social services, nutrition, excursions, drop-in and special events, volunteerism and special interest groups. Participate in the activities and programs offered citywide at our seven senior centers. Many programs are free.

SENIOR CENTER LOCATIONS

CALIFORNIA RECREATION CENTER AT MC BRIDE PARK

1550 Martin Luther King, Jr. Ave.
(562) 570-1605 M-F: 9 a.m.-2 p.m.

CESAR E. CHAVEZ PARK

401 Golden Ave.
(562) 570-8890 M-F: 9 a.m.-2 p.m.

EL DORADO PARK WEST

2800 Studebaker Rd.
(562) 570-3227 M-F: 9 a.m.-2 p.m.

EXPO CENTER

4321 Atlantic Ave
(562) 570-1655 T-Th: 9 a.m.-2 p.m.

HOUGHTON PARK

6301 Myrtle Ave.
(562) 570-1640 M-F 9 a.m.-2 p.m.

LONG BEACH SENIOR CENTER

1150 E. 4th St.
(562) 570-3500 M-F: 8:30 a.m.-4:30 p.m.
Sat: 10 a.m.-2 p.m.

SILVERADO PARK

1545 W. 31st St.
(562) 570-1675 M-F: 9 a.m.-2 p.m.

PLUS:

SENIOR SOFTBALL LEAGUE

(562) 570-1731

Visit: teamsideline.com/longbeach

LBParks.org

For information visit:
<https://bit.ly/3loF6qL>



ADULTS 50+ CLASSES

DANCE

ROUND DANCE - INTERMEDIATE/ADVANCED: DROP-IN

Intermediate/Advanced class consists of clinic on figures and choreography followed by cued round dances. Fee per person, per class. *No class: 1/15 & 2/19.

Edward Patrick		Long Beach Senior Center			
60356	50Yrs+	12/4-12/18	7-9:30 p.m.	M	\$5
60357	50Yrs+	1/8-1/29*	7-9:30 p.m.	M	\$5
60358	50Yrs+	2/5-2/26*	7-9:30 p.m.	M	\$5

SENIOR LINE DANCING

Have fun learning new dances each week. Great exercise dancing to all types of music. No experience needed. Come with a friend and meet new people. Fee per person, per class.

Janet Karter		El Dorado Park West			
60287	50Yrs+	1/4-1/25	1-2 p.m.	Th	\$5
60288	50Yrs+	2/1-2/29	1-2 p.m.	Th	\$5

FITNESS



CHAIR BASED YOGA

Not your typical chair yoga class! Suitable for beginners as well as experienced yoga students, this class incorporates the use of a chair for various poses and movements. Meditation, breathing and relaxation techniques are also included. Please bring a yoga mat, two yoga blocks and yoga strap. Walk-in fee available. No class 1/15 & 2/19.

Lacey Marsac		Wardlow Park			
60320	50Yrs+	12/4-12/18	11a.m.-noon	M	\$30
60317	50Yrs+	12/6-12/20	9-10 a.m.	W	\$30
60321	50Yrs+	1/8-1/29*	11 a.m.-noon	M	\$30
60318	50Yrs+	1/10-1/31	9-10 a.m.	W	\$40
60322	50Yrs+	2/5-2/26*	11 a.m.-noon	M	\$30
60319	50Yrs+	2/7-2/21	9-10 a.m.	W	\$30

FUNCTIONAL MOVEMENT, BALANCE & BRAINS

Join us for "adult recess" as we put the "fun" into functional fitness! Work to improve balance, stability, agility, and strength using our bodies, weights and games. Brain-training drills will help improve memory, problem solving, and mental acuity. We will boost our immunity by exercising our bodies, and improve mental skills by exercising our brains. You will leave class feeling energized and strong. All fitness levels welcome. Instructor Tami Santy is certified by the Functional Aging Institute and ACE Fitness. Bring a mat and light dumbbells to class. Fee per person, per class. Class may be held outdoors.



Tami Santy		Wardlow Park			
60440	50Yrs+	12/5-12/7	10:30-11:15 a.m.	Tu Th	\$5
60441	50Yrs+	1/9-1/30	10:30-11:15 a.m.	Tu Th	\$5
60442	50Yrs+	2/1-2/22	10:30-11:15 a.m.	Tu Th	\$5

GENTLE YOGA - ALL LEVELS

Suitable for every age and ability level. With regular practice this class improves flexibility, strength, balance and general well-being. Bring a yoga mat and a beach towel. Walk-in fee available. *No class: 1/15 & 2/19.

Silvana Behrens		Recreation Park			
60236	50Yrs+	12/4-12/18	9:45-11 a.m.	M	\$39
60238	50Yrs+	1/8-1/29*	9:45-11 a.m.	M	\$39
60239	50Yrs+	2/5-2/26*	9:45-11 a.m.	M	\$39

ZUMBA® GOLD

Shake your groove thang in Zumba Gold! A fun, Latin-inspired dance fitness class that incorporates easy to follow dance moves at a lower-intensity. Zumba Gold offers an amazing full body workout that will leave you feeling invigorated! There is no wrong way in Zumba Gold- if you are moving and smiling, you are doing it right. Walk-in fee available.

Sabrina Thomas		Long Beach Senior Center			
60469	50Yrs+	12/2-12/30	10:30-11:30 a.m.	Sa	\$10
60470	50Yrs+	1/6-1/27*	10:30-11:30 a.m.	Sa	\$10
60471	50Yrs+	2/3-2/24	10:30-11:30 a.m.	Sa	\$10

SENIOR FITNESS

Lightweight lifting followed by low impact cardio. Fun, easy to follow aerobic workout. Cool down in a chair or on the floor to increase flexibility. Bring lightweights and a mat. Fee per person, per class.

Sherrie Zachau	El Dorado Park West
60514 50Yrs+ 12/5-12/28 11 a.m.-noon	Tu Th \$5
60515 50Yrs+ 1/2-1/30 11 a.m.-noon	Tu Th \$5
60516 50Yrs+ 2/1-2/29 11 a.m.-noon	Tu Th \$5

ZUMBA® GOLD TONING

A fun Latin inspired fitness program that includes Merengue, Salsa, Cha Cha, Cumbia, Belly Dance, Flamenco, Tango and Rock n' Roll. A safe and effective total body workout that is great for the mind, body and soul. Come dance with me! Fee per person, per class.

Sherrie Zachau	El Dorado Park West
60517 50Yrs+ 12/6-12/27 9-10 a.m.	W \$5
60518 50Yrs+ 1/3-1/31 9-10 a.m.	W \$5
60519 50Yrs+ 2/7-2/28 9-10 a.m.	W \$5

ZUMBA® VALENTINE'S BURN!

Come dance with us and burn off the chocolate and sweets we ate on Valentine's Day. One hour of Zumba and 1/2 hour of mat stretch. Come move and groove to Marange, Salsa, Chacha, Cumbia & Belly Dance ~ Come Dance with Me! Bring a mat and water.

Sherrie Zachau	El Dorado Park West
60521 50Yrs+ 2/17 1-2:30 p.m.	Sa \$10



Softball League Ages 55 and Up

JOE RODGERS FIELD & PAN AMERICAN PARK
Team fee: \$265
Game day fees:
\$20 per team/per game
Games on Saturday
12 games plus
the possibility of playoffs.
Call (562) 570-1731
for information.

WWW.TEAMSIDELINE.COM/LONGBEACH

Wherever you go, be fashionably on-time.

Stay on schedule with Long Beach Transit so you can always arrive in style. Visit ridelbt.com/seniors to find discounted fare options.

Questions about riding the bus?
Contact LBT Customer Care at
562.591.2301.



ADULT SPORTS LEAGUES

ADULT BASEBALL



Adult League - 9-18 players. Ten games plus playoffs for qualifying teams. Games played Sundays at local schools and parks. Team fee: \$480. Call (562) 570-1725 or visit www.teamsideline.com/longbeach to register a team or sign up as an individual player. Two umpires per game, game day fees \$100/team, per game. Limited space per season.

ADULT BASKETBALL



Register by team at the Sports Office or online at www.teamsideline.com/longbeach. Men's, Women's and Coed leagues available. 5-12 players allowed on a team. Team fee: Men's \$300 (10 games), Women's \$232 (8 games), Coed \$232 (8 games). Single elimination playoff games will be scheduled for qualifying teams.

Two officials are assigned to each basketball game (fee: \$40/team, per game). Individual participants interested in playing in the league can be added to the program's "Free Agent" list. Call the Sports Office at (562) 570-1725 or visit: www.teamsideline.com/longbeach.

ADULT SOFTBALL

One official assigned, game day fee is \$20/team, per game. Visit: www.teamsideline.com/longbeach for information and registration.

WEEKNIGHT SLOWPITCH LEAGUE MEN'S AND COED
10-16 players in Novice, Intermediate and Advanced Divisions. Ten games plus possible playoffs. Coed and men's leagues-16 player max. Team fee: \$450. Game day fees \$20/per team, per game. Call (562) 570-1725 or visit online for information.

WEEKEND SLOWPITCH LEAGUES - COED ONLY
Individuals interested in softball leagues will be added to an individual players list given to managers at registration time. Team fee: \$350. Game day fees \$20/per team, per game. Call (562) 570-1725 or visit us online for more information.

SOFTBALL - AGES 55 & UP
Register for softball at the Sports Office for Saturday teams ages 55 and up. 12 games. Team fee: \$265. Game day fees \$20/per team, per game. Call (562) 570-1731 or visit us online for more information.

ADULT VOLLEYBALL



Register by team at the Sports Office or at www.teamsideline.com/longbeach. Men's, Women's and Coed Divisions available. 6-12 players allowed on a team.

Team fee: \$340 (10 matches). Single elimination playoff games will be scheduled for qualifying teams. One official assigned to each match. \$20/ team, per match.

Individuals interested in playing in the league can be added to the program's "Free Agent" list. Call the Sports Office at (562) 570-1725 or visit www.teamsideline.com/longbeach for more information.

EL DORADO NATURE CENTER

7550 East Spring Street
(562) 570-1745
www.longbeach.gov/naturecenter

NATURE CENTER HOURS Trails: Tuesday-Sunday 8 a.m.-5 p.m., Last entry 4:30 p.m.
Museum: Tuesday-Sunday 8:30 a.m.-4 p.m.



The Nature Center's 105-acre wildlife habitat is an island of serenity in the midst of the busy urban landscape. Two lakes, a stream, two miles of dirt trail and a 1/4-mile paved access trail wind through meadows and forested areas to offer visitors a relaxing getaway. Visit the interactive, hands-on exhibits in the museum and gift shop before you walk the trails.

NATURE CENTER HOURS

Trails: Tuesday - Sunday, 8 a.m. - 5 p.m.

Last entry 4:30 p.m.

Museum: Tuesday - Sunday, 8:30 a.m. - 4 p.m.

FRIENDS OF EL DORADO NATURE CENTER



Help build habitat and support educational programs at the Nature Center with your tax-deductible donation. For more information, call (562) 570-1745.

EDUCATIONAL PROGRAMS

Pre-registration is required. Call (562) 570-1745.

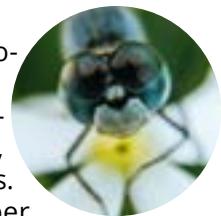


YOUNG EXPLORERS TOUR

Is your scout, youth or homeschool group looking to learn more about nature or earn an environment-themed badge? Register your group for a naturalist-led exploration of the Nature Center's diverse habitats. 1½ - hour program. \$6 per person.

BEEBLE BRIGADE

Join us for a hands-on, sensory exploration of nature. We'll use our "owl eyes," "rabbit ears," and "coyote noses" to experience the unique patterns, textures, shapes, and colors around us. Ages 3-5. 1½ - hour program. \$5 per person.



DISCOVERY TOURS



Teachers, explore the Nature Center trails with your students on a naturalist-guided tour. You'll make discoveries through hands-on investigation and activities designed to support the Academic Content Standards at your grade level. 2-hour program. Grades K-4, \$7 per person.

EXPLORE THE SHORE - 5TH GRADE TOUR

Sponsored by El Dorado Nature Center and the City of Long Beach's Adopt-A-Beach program. In this hands-on, two-hour program at the beach, students will use scientific tools and instruments to discover how water sustains all life on earth, and how the water cycle shapes our local watershed and affects the marine ecosystem. 2-hour program. \$8 per person.

PRE-SCHOOL PROGRAMS

Pre-registration is required at www.lbparks.org.

TAILS & TRAILS PARENT & ME WORKSHOPS

Ages: 2 - 5 years. 10-11:30 a.m. \$20 per class.

Bring your imagination and sense of adventure as you and your child celebrate the seasons with a special morning of stories, nature play, and outdoor exploration. Investigate the incredible, changing, natural world with your child, while discovering creatures large and small. Parent participation required.

60537 NATURE'S GIFTS

December 13

Join us as we create festive holiday crafts made from things we find on the trails.

60538 SMILES AND SNOWFLAKES

January 10

Let the cold inspire your artistic side as we play and paint to design wintry creations.

60539 WILD AT HEART

February 14

Warm your heart and your hands as we make nature-inspired treasures for your special friends.

NATURE KIDS!

Pre-registration is required at www.lbparks.org.

WINTER BREAK DISCOVERY WORKSHOP

Ages: 5 years-8 years. 10 a.m.-noon. \$20 per class.

What mysterious things happen out on the trails in the dark? Join us at the Nature Center for a daytime exploration of nocturnal animals this winter! Children will experience nature through investigation, hands-on activities, games and crafts. Children must have kindergarten experience.

60540 MOON FLYER

Tuesday, December 26

Stealthy flight, powerful talons, incredible eyesight... Whooo am I?

60541 COYOTES & FRIENDS

Thursday, December 28

Come meet the furry crew that travel the trails. Skunks and raccoons invited!

60542 NIGHTTIME BUZZ

Tuesday, January 2

Many bugs thrive at night. Let's discover their amazing nocturnal abilities!

60543 BRILLIANT BATS

Thursday, January 4

Zippering and zooming through the air, these gliders rule the night sky.

SPECIAL EVENTS

MORNING BIRD WALK

Pre-registration is required (562) 570-1745. Whether you're a new birder or want to sharpen your skills, join volunteers and staff for this walk through the Nature Center. Sundays, December 17, January 21, & February 18, 8 a.m. Free program.

THE GREAT BACKYARD BIRD COUNT

Become a scientist for the day! Help count our local feathery friends and discover why they are so important. The data collected helps scientists understand more about bird populations and migration. No experience necessary. All ages.

Sunday, February 18, 9 a.m.-noon. Free Program

VOLUNTEER OPPORTUNITIES

Pre-registration is required (562) 570-1745. If you want to make a difference in the lives of plants, animals and people, you are warmly invited to participate in our volunteer opportunities. There's something for everyone; come once or as often as your schedule allows.

1ST SATURDAY STEWARDS

Help us maintain the beauty of the Nature Center by cleaning the stream, pulling weeds, clearing the trails or spreading mulch. Wear sturdy shoes, bring water and wear a hat and sunscreen. Ages 12 years and up. Children and youth under 18 must bring an adult. Rain cancels. Saturdays, December 2, January 6, February 3, 10 a.m.-noon

3RD SATURDAY WETLAND WARRIOR CLEANUP AT COLORADO LAGOON

Only 5% of California's once vast coastal wetlands remain today. Join our Weekend Wetland Warrior team as we explore and help protect the critical habitat at Jack Dunster Marine Biological Reserve. Two hours of time can save wildlife. Wear sturdy shoes, bring water and wear a hat and sunscreen. All ages welcome. Children and youth under 18 must bring an adult. Rain cancels.

Saturdays, December 16, January 20, February 17, 10 a.m. - noon Meet in parking lot in front of rowing center. Parking fee is waived.

4TH SATURDAY EL DORADO REGIONAL PARK CLEANUP

Join fellow park-lovers to clean up fishing line and other debris from our beautiful park and lakes. An hour of your time can really make a difference! Wear sturdy shoes, bring water and wear a hat and sunscreen. All ages welcome. Children and youth under 18 must bring an adult. Rain cancels.

Saturdays, December 23, January 27, February 24, 9 -10 a.m. Meet at the parking lot on the left just past El Dorado Frontier in Area III.

ADOPT-A-BEACH

Get directly involved in protecting our coastline! Any individual, family, civic or non-profit organization, business, etc. is eligible to join the Adopt-A-Beach program. We provide everything you need!

Call El Dorado Nature Center at (562) 570-1745 to make arrangements or for more information.

EL DORADO EAST REGIONAL PARK

7550 Spring Street

(562) 570-1771

Park Hours: Fall/Winter: 7 a.m.-5 p.m.
November 1-February 28
Spring/Summer: 7 a.m.-8 p.m.
March 1-October 31

RESERVATIONS

Call to learn more about:

- Reservable Sites
- Special Events
- Company Picnics
- Weddings
- Annual Pass Sales
- Permits to Gather for groups of 25+*
- Youth Camping
- Fun Runs
- Fundraisers

Contact us at (562) 570-3111

**A Permit to Gather is required by the City of Long Beach for any group of 25 people or more and must be obtained before the event.*



VEHICLE ENTRY FEES AND PASSES

VEHICLE ENTRY FEE:

- Cash or cards: M-Th: \$6 • F: \$7 • Sa and Su: \$8
Holidays: \$9
- School Buses: \$30 • Other buses: \$35 daily

ANNUAL PARKING PASSES

- General: \$65 each
- Seniors ages 50+/Disabled/Veterans Fee: \$40 each

Annual parking passes are available for purchase at the El Dorado Nature Center and the Parks and Recreation Administration Office, at 2760 Studebaker Road, M-F: 8 a.m.-4:30 p.m.

30 REGISTER ONLINE AT WWW.LBPARKS.ORG

AMENITIES AND SERVICES



- Archery range with target butts. Free archery classes on Saturdays. Contact El Dorado Archers at www.el-doradoarchers.com



- Bicycle Rentals-Wheel Fun rentals, call (805) 650-7770
- Bicycle trails-paved (over 4 miles)
- Dog Park
- Campground for Youth Groups
- The El Dorado Frontier. Visit: www.theeldoradofrontier.com for more information.
- Model aircraft flying area (radio controlled)
- Model sailboat area (radio controlled)
- Playgrounds



LONG BEACH ANIMAL CARE SERVICES

7700 East Spring Street • www.longbeach.gov/acs

24 Hour Emergency Service:

(562) 570-7387 Animal-related complaints/questions

GENERAL INFORMATION

Need to license your dog or cat? Need spay or neuter assistance? Looking for your lost pet? Looking to adopt? Visit www.longbeach.gov/acs.

Bring home a new furry friend. Long Beach Animal Care Services (LBACS) has expanded its adoption hours, Wednesday-Friday, 10 a.m. to 4:30 p.m., and Saturday-Sunday, 10 a.m. to 3 p.m. Appointments are no longer required for adoptions; visitors may enter through the Animal Admissions entrance.

Animal-related complaints/questions (562) 570-7387.

SPAY/NEUTER INFORMATION

Local and state laws require all dogs over six months and cats over four months to be spayed or neutered.

SPAY/NEUTER VOUCHERS

Vouchers to assist with the cost of spaying or neutering your pet may be requested online. To qualify, proof of Long Beach, Signal Hill, Cerritos, or Los Alamitos residency must be presented. Visit www.longbeach.gov/acs for more information about spay/neuter assistance.

PET LICENSING

California law requires all cats and dogs over the age of four months be licensed as a rabies control measure. Ensuring your pet has a current license attached to its collar is your best insurance of having your pet returned to you in case they become lost.

PERKS OF LICENSING:

FAST TRACK Found pets are reunited quickly with their owner, or rushed to the appropriate veterinarian if severely injured through the Fast Track licensing program.

FREE RIDE HOME Your pet gets a free ride home when it is found. City staff will attempt to deliver your pet home to you immediately, skipping a trip to the animal shelter.

EXTENDED STAY When found, your licensed pet will be cared for at the Animal Shelter for a longer period of time (up to 10 days rather than five days) prior to being put up for adoption.

VACATION PET ALERT When you leave home on a vacation, call to register where your pet will be while you

are on vacation, who will be taking care of your pet, and where to reach you.

DOG TRAINING

Your dog is a member of your family! Long Beach Parks, Recreation and Marine dog training classes can help your canine companion become socialized, have good manners, and be your best friend.

PET LITERACY PROGRAM

Join the Pet Literacy Program, which promotes humane treatment and the socialization of animals through reading out loud. This program improves the shelter environment for our guests, creates a connection between people and animals, promotes socialization, and prepares the animals in our care for adoption.

Schedule a self-guided tour to explore Long Beach Animal Care Services on Wednesdays through Saturdays from 10 a.m.-3 p.m. Readers must be 15 years or older, or accompanied by an adult. The program is not available Mondays, Tuesdays & Holidays.

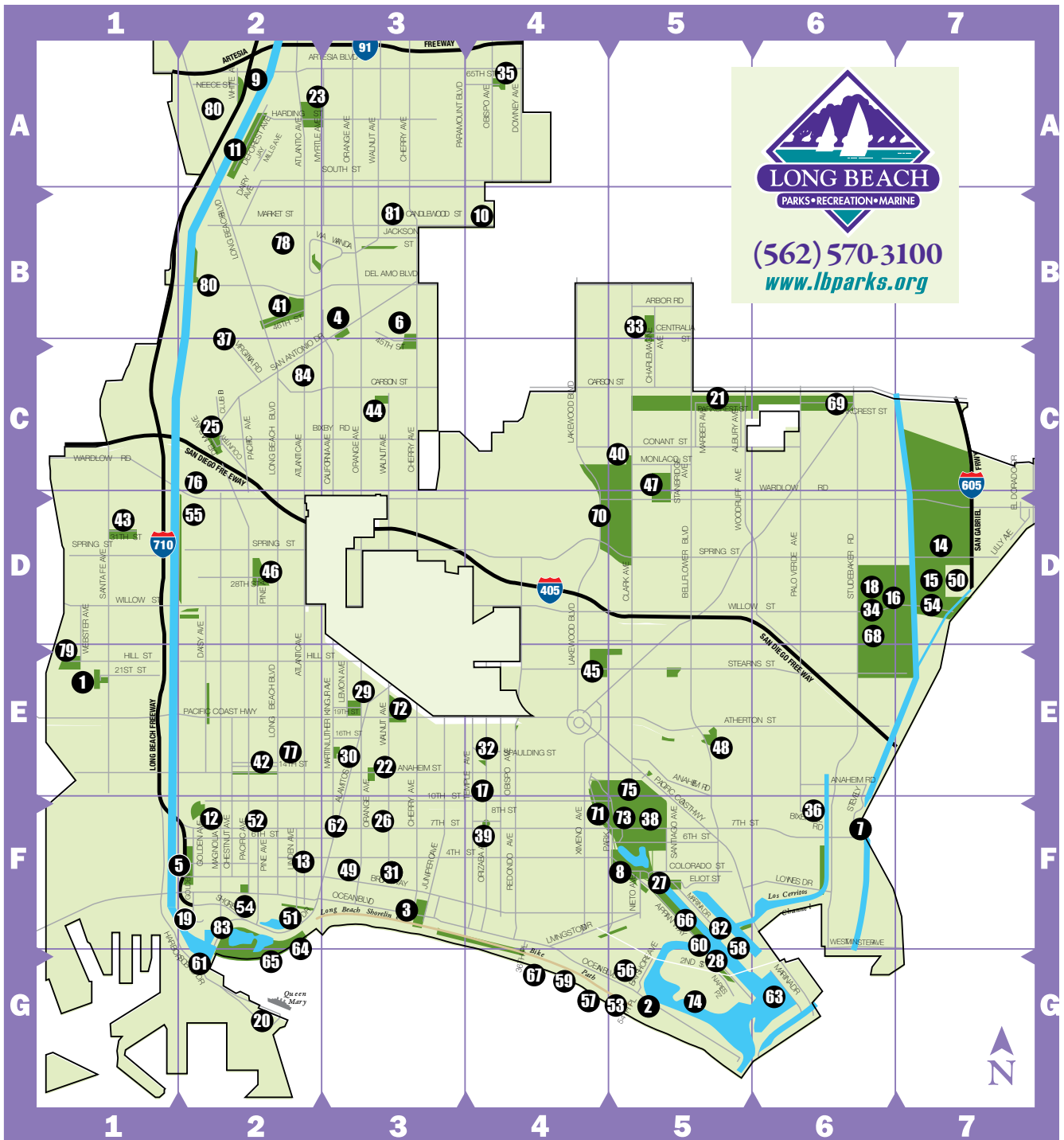
CONNECT WITH US ON SOCIAL MEDIA



VISIT LONG BEACH
ANIMAL CARE SERVICES
YOUR COMPASSION
SAVES LIVES!

TO ADOPT VISIT
LONGBEACH.GOV/ACS





Long Beach Parks, Recreation and Marine offers classes and activities at many of these convenient locations!

AMENITIES: **1** – BALLFIELD; **2** – BASKETBALL; **3** – TENNIS; **4** – VOLLEYBALL; **5** – CENTER; **6** – PLAYGROUND; **7** – PICNIC AREA; **8** – POOL; **9** – SKATE PARK; **10** – GYM; **11** – ROLLER HOCKEY; **12** – DOG FACILITY; **13** – COMMUNITY GARDENS; **14** – SPORTS COURT; **15** – PICKLEBALL COURT **L** – LIGHTED; **LK** – LAKE; **R** – RESERVABLE COMMUNITY CENTER

PARK FACILITIES

E1 Admiral Kidd, 2125 Santa Fe Ave., 570-1600 · 12.29 acres	1L,2L,5R,6,7,14
C2 Baker Street, 625 Baker St., 570-3100 · 1.5 acres	6,7
G5 Bayshore, 5415 E. Ocean Blvd. · 1.24 acres	2,4,6,7,11,15
F3 Bixby, 130 Cherry Ave., 570-1601 · 17.79 acres	4,5R,6,7,9,12
B3 Bixby Knolls, 1000 San Antonio Dr., 570-1604 · 3.93 acres	4,5,6,7
F2 Cesar E. Chavez, 401 Golden Ave., 570-8890 · 33.22 acres	2L,5,6,7

6 B3 Cherry, 1901 E. 45th St., 570-1615 · 10.19 acres	1L, 2L,3L,5,6,7,11C,14
7 F6 College Estates, 808 Stevely Ave., 570-1617 · 2.30 acres	2,3,4,5R,6,7,14
8 F5 Colorado Lagoon, 5119 E. Colorado St. · 28.34 acres	6,7
9 A2 Coolidge, 352 E. Neece St., 570-1618 · 6.10 acres	1L,2L,4,5,6,7,12,14
26 F3 Craftsman Village Park, 850 Orange Ave., 570-3100 · .34 acres	6,7
10 B4 Davenport, (Ed "Pops"), 2910 E. 55th Way · 11.55 acres	2,6,7

11	A2	DeForest , 6255 DeForest Ave., 570-1620 • 49.99 acres	1L,2L,3L,4L,5,6,7
12	F2	Drake , 951 Maine Ave., 570-1625 • 6.63 acres	1L,2L,3L,4,5R,6,7,9,14
13	F2	East Village Arts , 150 Elm Ave. • .09 acres	
14	D7	El Dorado Regional East , 7550 E. Spring St., 570-1771 • 389.39 acres	6,7,13,LK
15	D7	El Dorado Nature Center , 7550 E. Spring St., 570-1745 • 97.88 acres	5,7,LK
16	D6	El Dorado West , 2800 Studebaker Rd., 570-3225	1L,2L,3L,4,5R,6,7,11,LK,14,15
77	E2	Fourteenth Street Park , 570-1608 • 2.24 acres	2,6,9
17	E4	Freeman Community Center , 1205 Freeman Ave., 570-8688 • .28 acres	
18	D6	Good Neighbor , 2800 Studebaker Rd. • .90 acres	
19	F2	Golden Shore Marine Biological Reserve , Golden Shore Ave. • 9.23 acres	
78	B2	Grace Park , Plymouth St. and Elm Ave., 570-3100 • 1.22 acres	
62	F3	Gumbiner Park , 880 E. 7th St., 570-3111 • .87 acres	6,7,9
20	G2	Harry Bridges Memorial at the Queen Mary , 1126 Queens Hwy. • 4.15 acres	7
21	C5	Heartwell , 5801 E. Parkcrest St., 570-1635 • 161.94 acres	1L,2L,5,6,7,11,LK,14
22	E3	Homeland Cultural Center , 1321 Anaheim St. at MacArthur Park, 570-1655	
23	A2	Houghton , 6301 Myrtle Ave., 570-1640 • 26.32 acres	1L,2L,3L,4,5R,6,7,9,14
79	E1	Hudson Park , 2335 Webster Ave., 570-3100 • 13.18 acres	1,6,7,14
24	F2	Lincoln (Civic Center) , Pacific Ave. and Broadway • 5.10 acres	12
56	G5	Long Beach Community Resource Center , 5365 E. 2nd St.	
25	C2	Los Cerritos , 3750 Del Mar Ave. • 8.48 acres	3L,6,7
22	E3	MacArthur (General Douglas) , 1321 Anaheim St., 570-1655 • 3.86 acres	1,2L,4,5R,6,7
27	F5	Marina Vista , Colorado St. and Santiago • 17.68 acres	1,3,6,7,14,15
28	G5	Marine (Mother's Beach) , 5839 Appian Way • 9.31 acres	4,6,7
29	E3	King, Martin Luther Jr. Park , 1950 Lemon Ave., 570-4405 • 9.04 acres	1L,5R,6,7,8
30	E3	McBride (Ernest S.) , 1550 M.L.King, Jr. Ave., 570-1605 • 2.77 acres	2L,5R,6,7,10
31	F3	Miracle on 4th Street , 1518 E. 4th St. • .14 acres	7
30	A2	Molina, C.David Park , 4951 Oregon Ave., 570-3100 • 3.71 acres	1,6
32	E4	Orizaba , Orizaba Ave. and Spaulding St. • 4.14 acres	2,5,6,7,9
33	B5	Pan American , 5157 Centralia St., 570-1660 • 12.52 acres	1L,2L,4,5,6,7,10
34	D6	Parks, Recreation & Marine Administration , 2760 Studebaker Rd., 570-3100	
35	A4	Ramona , 3301 E. 65th St. 570-1665 • 727 acres	1L,2L,3L,4,5R,6,7,14
36	F6	Rancho Los Alamitos , 6400 Bixby Hill Rd., 431-3541 • 7.07 acres	7
37	B2	Rancho Los Cerritos , 4600 Virginia Rd., 206-2040 • 4.82 acres	7
38	F5	Recreation , 4900 E. 7th St., 570-1670 • 63.92 acres	1L,3L,4,5R, 6,7,12,15
39	F4	Rose , 8th St. and Orizaba Ave. • .75 acres	7
40	C5	Rosie the Riveter , Clark Ave. and Conant St. • 3.27 acres	
41	B2	Scherer , 4600 Long Beach Blvd., 570-1674 • 25.21 acres	1,2L,3L,4,5,6,7,12,LK
42	E2	Seaside , 14th St. at Chestnut • 2.43 acres	
43	D1	Silverado , 1545 W. 31st St., 570-1675 • 12.24 acres	1L,2L,3L,4,5R,6,7,9,10,12,14,LK
44	C3	Somerset , 1500 E. Carson St., 570-1690 • 4.0 acres	2L,3L,4,5,6,7,15
45	E4	Stearns Champions , 4520 E. 23rd St., 570-1685 • 26.53 acres	1L,2L,5R,6,7,14
46	D2	Veterans , 101 E. 28th St., 570-1695 • 14.63 acres	1L,2L,3L,4,5R,6,7,14
47	C5	Wardlow , 3457 Stanbridge Ave., 570-1706 • 15.18 acres	1,2L,4,5R,6,7,14
48	E5	Whaley , 5620 Atherton St., 570-1710 • 13.87 acres	1L,2L,4,5R,6,7,11,14

TEEN CENTERS

1	E1	Admiral Kidd Park Teen Center , 2125 Santa Fe Ave., 570-1600
5	F2	Cesar E. Chavez Park Teen Center , 401 Godden Ave., 570-8890
17	E4	Freeman Teen Center , 1205 Freeman Ave., 570-8688
23	A2	Houghton Park Teen Center , 6301 Myrtle Ave., 570-1640
30	E3	McBride Park Teen Center , 1550 M.L.King, Jr. Blvd., 570-1605
43	D1	Silverado Park Teen Center , 1545 West 31st St., 570-1675

SENIOR CENTERS

30	E3	California Recreation Center (at McBride Park) , 1550 M.L.King, Jr. Blvd., 570-1605
16	D6	El Dorado Park West Community Center , 2800 Studebaker Rd., 570-3227

84	C2	Expo Center, 4321 Atlantic Ave., 595-1665	
23	A2	Houghton Park Community Center, 6301 Myrtle Ave., 570-1640	
49	F3	Long Beach Senior Center, 1150 E. 4th St., 570-3500	5R
43	D1	Silverado Park Community Center, 1545 W. 31st St., 570-1675	
5	F2	Cesar E. Chavez, 401 Golden Ave., 570-8890	2L,5,6,7

DOG FACILITIES

3	F3	Bixby Dog Park , 130 Cherry Ave. • .43 acres	12
9	A2	Coolidge Dog Park , 352 E. Neece St. • .25 acres	12
14	D7	El Dorado Dog Park , 7500 E. Spring St. • 1.5 acres	12
41	B2	Gayle Carter Dog Park , 4600 Long Beach Blvd. • .7 acres	12
31	B3	Jackson Street Dog Park , 1 Jackson St. • .14 acres	12
52	F2	K-9 Corner Dog Park , 9th and Pacific Ave. • .8 acres	12
24	F2	Lincoln Dog Park , 101 Pacific Ave. • .14 acres	12
54	F2	Pike Park , 195 W. Seaside Way, (west of Pine Avenue) • .18 acres	12
38	F5	Recreation Dog Park , 4900 E. 7th St. • 2.0 acres	12
53	G5	Rosie's Dog Beach , 1 S. Granada • 4.0 acres	12
51	F2	Seaside Dog Zone Park , Seaside Way at Linden Ave. • .45 acres	12
55	D2	Wrigley Heights Dog Park , 3401 Golden Ave. • 2.03 acres	12

AQUATIC AND BOATING FACILITIES/BEACHES

8	F5	Colorado Lagoon Wetland and Marine Sci. Ed. Center (Appian Way btwn Park and Colorado)
32	F5	Dunster Reserve, Boathouse Lane and Los Cerritos Channel • 3.22 acres
33	F2	Golden Shore Reserve, Golden Shore Ave South of Shoreline Dr. • 9.23 acres
57	G4	Launch Ramp – Claremont Launch Ramp, 5300 E. Ocean Blvd.
58	F5	Launch Ramp – Davies Launch Ramp, 6201 E. Second St. • 6.73 acres
59	G4	Launch Ramp – Granada Launch Ramp, 1 S. Granada Ave.
60	F5	Launch Ramp – Marine Stadium Launch Ramp, 5255 Paoli Way
61	G2	Launch Ramp – South Shore Launch Ramp, 590 Queensway Dr. • 6.49 acres
2	G5	Leeway Sailing and Aquatics Center, 5437 E. Ocean Blvd., 570-1719 • .66 acres
63	G6	Marina – Alamitos Bay Marina, 205 Marina Dr., 570-3215 • 359.39 acres
64	F2	Marina – Long Beach Shoreline Marina, 450 E. Shoreline Dr., 570-4950
65	G2	Marina – Rainbow Marina, 200-B Aquarium Way, 570-8636
66	F5	Marine Stadium, Appian Way (btwn 2 nd St. and Colorado St.) 570-3215
67	G4	Pool – Belmont Plaza Pool, 4000 Olympic Plaza, 570-1806
29	E3	Pool – Martin Luther King, Jr. Park Pool, 1910 Lemon Ave., 570-1718
43	D1	Pool – Silverado Park Pool, 1540 W. 32 nd St., 570-1721
8	F5	Model Boat Shop, 5119 E., Colorado St., 460-1720 (Summer Only)
28	G5	Mothers Beach (Marina Park) 5839 Appian Way

57

SPORTS FACILITIES

14	D7	Archery – El Dorado Archery Range, 7550 E. Spring St., 570-1771	
68	D6	Golf–El Dorado Golf Course, 2400 Studebaker Rd., 430-5411, 18-hole, par 72	
69	C6	Golf–Heartwell Junior Golf Academy, 6730 E. Carson St., 570-1272 • 36.57 acres	5R
69	C6	Golf–Heartwell Park Golf Course, 6700 E. Carson St., 421-8855, 18-hole, par 54	
38	F5	Golf–Recreation Park Golf Course, 5000 E. Anaheim St., 494-5000, 18-hole, par 72	
38	F5	Golf–Recreation Park Golf Course, 5000 E. 7th St., 438-4012, 9-hole, par 31	
70	D4	Golf–Skylinks at LB Golf Course, 4800 E. Wardlow Rd., 421-3388, 18-hole, par 72	
2	G5	Hockey Rink, 5415 E. Ocean Blvd., 570-1725	
71	F4	Lawn Bowling-Recreation Park, E. 7 th St. & Federation Dr., 597-7968, 714-969-5862	
72	E3	Sports Field – Chittick Field, 1900 Walnut Ave., 570-1717 • 19.14 acres	1L
75	E5	Sports Field – Joe Rodgers Softball Stadium, 10 th St. and Park Ave.	570-1725
73	F5	Tennis – Billie Jean King Tennis Center, 10 th and Park Ave., 438-8509	3
16	D6	Tennis – El Dorado Tennis Center, 2800 Studebaker Rd., 425-0553	3
25	C2	Tennis – Los Cerritos Park Tennis Courts, 3750 Del Mar Ave.	3
74	G5	Tennis – Naples Tennis Courts, Tivoli Drive between St. Irmo Way and 2nd St.	3

HOMELAND CULTURAL CENTER

MacArthur Park, 1321 Anaheim Street (562) 570-1655



Winner of Excellence, California Park & Recreation Society. Explore and share traditional and contemporary cultural traditions with Homeland Cultural Programs!

Homeland Cultural Center at MacArthur Park is a uniquely welcoming multicultural environment. Programs are offered year-round in traditional ethnic and urban contemporary arts. All programs are free and open to the public, and no registration is necessary.

Hours: Monday & Tuesday: 3-10 p.m.
Wednesday-Thursday: 3-9:30 p.m.
Closed Fridays
Saturday: 10 a.m.-6 p.m.
Sunday: 9 a.m.-6 p.m.

CULTURAL PROGRAMS



Saturday

Afrikan Drum/Dance

10 a.m.-4 p.m.

Instant Band

(Music Improvisations)

4-6 p.m.

Sunday

Hmong Arts 9 a.m.-2 p.m.

Micronesian Arts

2-6 p.m.

Movie Makers Workshop

1-3 p.m.

Monday & Tuesday

Popping & Break Dancing

6-10 p.m.

Tuesday

AIM Urban Poetry Workshop 7-9 p.m.

Drums 4-6 p.m.

Wednesday

Aztec Dance 7-9 p.m.

Thursday

Bokator (Martial Arts)

7-9 p.m.

Long Beach Marinas offer prime locations and affordability. Ideally located close to freeways and quick to Catalina island.

DEPARTMENT OF PARKS, RECREATION & MARINE

SLIPS ARE NOW AVAILABLE IN LONG BEACH MARINAS

ALAMITOS BAY SHORELINE
RAINBOW HARBOR/MARINA

Call for more information or to schedule a visit.
(562) 570-4950



Availability subject to vessel size and slip location. Wait lists are required in some situations.

CITY OF
LONG BEACH

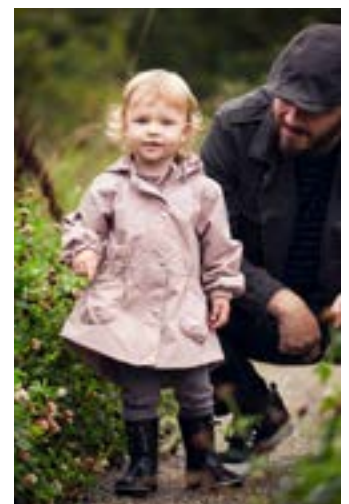
LONG BEACH PARKS, RECREATION & MARINE

Community Park Directory

HOURS OF OPERATION, RECREATION AMENITIES AND PROGRAMS



**ADULT SPORTS LEAGUES
AQUATICS AND POOLS
BASKETBALL COURTS
COMMUNITY CENTERS
DOG PARKS
FREE MOBILE RECESS
GOLF COURSES
NATURE CENTER
PLAYGROUNDS
SENIOR PROGRAMS
SKATE PARKS**







COMMUNITY PARK DIRECTORY

HOURS AND AMENITIES

Follow us on social media:

-  Facebook.com/LongBeachParks
-  Instagram.com/longbeachparks/
-  Twitter.com/LongBeachParks
-  Youtube.com/user/ParksLongBeach

1. ADMIRAL KIDD PARK

2125 Santa Fe Ave., (562) 570-1600
HOURS: Free Summer Fun Days, M-F: noon to 5 p.m. and Be SAFE Program; M-F: 5 to 8 p.m. Teen After School Programs, M-F, 3-7 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.
AMENITIES: Soccer fields, basketball court, community center, fitness stations, picnic areas, playground

2. BAKER PARK

625 Baker St. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground, walking path

3. BAYSHORE PARK

5415 E. Ocean Blvd. (562) 570-3100
 day camps – (562) 570-1888.
HOURS: Summer Day Camp Program, M-F, 9 a.m. – 4 p.m.
AMENITIES: Basketball court, volleyball court, playground, pickleball court, roller hockey rink

4. BELMONT PLAZA POOL

4320 E. Olympic Plaza (562) 570-1806
 See page 44 and 45. Visit LBParks.org

5. BIRDCAGE PARK

6501 Parkcrest St. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

6. BIXBY PARK

130 Cherry Ave. (562) 570-1601
HOURS: After School Program, (Sept.– June), M-F: 3-6 p.m., Free Summer Fun Days, M-F: noon-5 p.m. and Be SAFE Program, M-F: 5 to 8 p.m.; Summer Day Camp Program, M-F, 9 a.m.-4 p.m.; Senior Fitness Classes (time vary); Summer Food Program and Youth Sports – visit LBParks.org.
AMENITIES: Basketball court, community center, fitness stations, playground, soccer fields

7. BIXBY KNOLLS PARK

1101 San Antonio Drive (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

8. OFFICER DARYLE W. BLACK MEMORIAL PARK

2023 Pasadena Ave. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

9. BURTON W. CHACE PARK

65 E. Market St. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Playground

10. CHANNEL VIEW PARK

7th St.-Loynes Dr. at Los Cerritos channel
 (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Playground, walking path

11. CESAR E. CHAVEZ PARK

401 Golden Ave. (562) 570-8890
HOURS: After School Program (Sept.– June), M-F, 3-6 p.m.; Free Summer Fun Days, M-F: noon-5 p.m.; Teen Program, M-F, noon-6 p.m.; Senior program, M-F, 9 a.m.-2 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Community center, fitness stations, playground

12. CHERRY PARK

1901 E. 45th St. (562) 570-1615
HOURS: dawn to dusk; Youth Sports – visit LBParks.org.

AMENITIES: Ball hockey court, baseball fields, basketball court, community center, softball fields, tennis courts, playground, volleyball court

13. CHITTICK PARK

1900 Walnut Ave. (562) 570-3204

HOURS: dawn to 10 p.m.

AMENITIES: all weather track, football field, soccer field.



14. COLLEGE ESTATES PARK

808 Stevely Ave. (562) 570-1617
HOURS: After School Program, (Sept.- June), M-F: 2:30-5:30 p.m.; Free Summer Fun Days, M-F: 11 a.m.-5 p.m.; Summer Food Program. and Youth Sports – visit LBParks.org.
AMENITIES: Basketball and tennis courts, community center, playground

15. COOLIDGE PARK

352 E. Neece St. (562) 570-1618
HOURS: After School Program, (Sept.- June) M-F: 3-6 p.m., Free Summer Fun Days, M-F: noon-5 p.m.; Summer Food Program. and Youth Sports – visit LBParks.org.
AMENITIES: Basketball courts, community center, Dog Park, fitness equipment, playground

16. CRAFTSMAN VILLAGE PARK

851 Orange Ave. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

17. ED “POPS” DAVENPORT PARK

2910 East 55th Way (562) 570-1665
HOURS: dawn to dusk
AMENITIES: Basketball court, playground

18. DEFOREST PARK

6255 DeForest Ave. (562) 570-1620
HOURS: Camp Fire Day Camp call (562) 421-2725; Youth Sports – visit LBParks.org.
AMENITIES: Baseball, basketball, Camp Fire USA, Conservation Corps Environment Education Center (562) 986-1249, fitness equipment, futsal courts, community center, Discovery nature trail, playground, soccer and softball fields, tennis court, volleyball court, wetlands

19. DRAKE PARK

951 Maine Ave. (562) 570-1625
HOURS: After School Program, (Sept.- June), M-F 3-6 p.m.; Free Summer Fun Days Program, M-F: 11 a.m.-5 p.m., and Be SAFE Program, M-F: 5-8 p.m.; Summer Food Program and Youth Sports –visit LBParks.org.
AMENITIES: Soccer and softball fields, basketball court, community center, playground, handball courts, skate park, tennis court

20. DRAKE-CHAVEZ SOCCER FIELDS

903 Fairbanks Ave 562-570-3204
HOURS: dawn to dusk
AMENITIES: soccer fields

21. EL DORADO PARK WEST

2800 Studebaker Road (562) 570-3225
HOURS: After School Program (Sept.- June), M-F: 3-6 p.m., Free Summer Fun Days, M-F: noon.-5 p.m.; Summer Day Camp Program, M-F, 9 a.m.-4 p.m.; Senior Programs M-F, 9 a.m.-2 p.m.; Youth Sports
AMENITIES: Baseball, soccer and softball fields; basketball courts, community center, disc golf course, pickleball court, playground, multi use court skate park, Tennis Center





22. EL DORADO REGIONAL PARK AND NATURE CENTER

See page 26 and 27.

23. FELLOWSHIP PARK

434 E. Willow St. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Playground

24. FREEMAN CENTER

1205 Freeman Ave. (562) 570-8688

HOURS: Teen Program (Sept.-mid-June), M-F: 3-7 p.m.; Free Summer Teen Program, (mid-June- August) M-F: noon-6 p.m.

AMENITIES: Private outdoor basketball court, weight room

25. GRACE PARK

Elm Ave. & Plymouth St. (562) 570-3150

HOURS: dawn to dusk; Summer Food Program – visit LBParks.org.

AMENITIES: Playground, Community Garden

26. ROBERT GUMBINER PARK

880 E. 7th St. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Performance area, picnic area, playground, public art, skate plaza

27. HEARTWELL PARK

5801 E. Parkcrest St. (562) 570-1635

HOURS: dawn to dusk

AMENITIES: Baseball, soccer and soft-ball fields, basketball court, community center, golf course, playground

28. HOUGHTON PARK

6301 Myrtle Ave. (562) 570-1640

HOURS: Free Summer Fun Days, (mid-June-Aug) M-F: noon- 5 p.m. and Be SAFE Program, M-F: 5-8 p.m.; Summer Day Camp Program, M-F, 9 a.m.-4 p.m., Learning Hub (Sept.-mid-June), M-F, 3 a.m.-6 p.m.; Teen Program, M-F Noon-5 p.m.; Senior Program, 9 a.m.-2 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Baseball fields, basketball courts, community center, fitness stations, playground, skate park, soccer fields, soft-ball fields, tennis courts, weight room



29. HUDSON PARK

2335 Webster Ave. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Ballfields, sports court, picnic area, playground

30. JACKSON PARK

1432 Jackson St. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Dog Park – 1800 Jackson, Playground

31. KING, MARTIN LUTHER JR. PARK

1950 Lemon Ave. (562) 570-4405

HOURS: After School Program (Oct.- June), M-F: 3-6 p.m.; Free Summer Fun Days,

M-F: 11 a.m. to 5 p.m.; Be SAFE Program M-F: 5 to 8 p.m., Summer Camp Program, M-F: 9 a.m. to 4 p.m. and M-F: 5 to 8 p.m.; Summer Food Program and Youth Sports–visit LBParks.org

AMENITIES: Baseball, soccer and soft-ball fields; community center, playground, pool

32. KING PARK POOL

1910 Lemon Ave. 562-570-1718

See page 46-47. Visit LBParks.org

33. LEEWAY SAILING CENTER

5437 E. Ocean Blvd. 562-570-1719



34. LILLY PARK
32 Lilly Ave. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

35. LINCOLN PARK
101 Pacific Ave. (562) 570-1710
HOURS: dawn to dusk, Programs: Summer Food Program – visit LBParks.org.
AMENITIES: Basketball court, dog park, fitness equipment, playground, skate park, sports field

36. LIVINGSTON DRIVE PLAYGROUND
4700 Livingston Drive (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

37. LOCUST TOT LOT
2331 Locust Ave. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

38. LOMA VISTA PARK
1173 Loma Vista Drive (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

39. LONG BEACH SENIOR CENTER
1150 E. 4th St. (562) 570-3500
HOURS: M-F: 8 a.m. to 4:30 p.m., Sat.: 10 a.m.-4 p.m. Visit <https://bit.ly/3qn9Rmj> for program hours
AMENITIES: Fitness gym, Friendly Cup Café, library, thrift shop

40. LOS ALTOS PARK
4851 Stearns St. (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

41. LOS ALTOS PLAZA PARK
5230 Anaheim Road (562) 570-3100
HOURS: dawn to dusk
AMENITIES: Playground

42. LOS CERRITOS PARK
3750 Del Mar Ave. (562) 570-3150
HOURS: dawn to dusk
AMENITIES: Playground, Tennis Courts

43. MACARTHUR PARK

1321 Anaheim St. (562) 570-1655
HOURS: After School Program, (Oct.- June), M-F: 2:30-5:30 p.m.; Free Summer Fun Days, M-F: 11 a.m. to 5 p.m.; Homeland: M-Th: 3 to 10 p.m.; Sat.: 10 a.m. to 6 p.m. Sun. 9 a.m. to 6 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Basketball court, community center, Gamboa Theater, Homeland Cultural Center, see page 28; playground

44. MARINA VISTA PARK

5355 Eliot St. (562) 570-3100
HOURS: dawn to dusk

AMENITIES: Soccer and softball fields, basketball and tennis courts, pickleball court, playground

45. MARINE (MOTHER'S BEACH) PARK

5839 Appian Way (562) 570-3100

HOURS: dawn to dusk

AMENITIES: volleyball courts, playground, picnic areas, swim areas

46. ERNEST MCBRIDE PARK

1550 Martin Luther King, Jr. Ave., (562) 570-1605

HOURS: After School Program (Sept.- June), M-F: 3-6 p.m.; Free Summer Fun Days, M-F: noon to 5 p.m.; Teen Center M-F, 3-7 p.m.; Teen Summer Program M-F, noon-6 p.m.; Senior Program, 9 a.m.- 2 p.m.; Gym Operation Program M-Th 5-8 p.m., Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Basketball court, community center, indoor basketball gym, playground, skate park, weight/fitness room

47. MIRACLE PARK

1518 E. 4th St. (562) 570-1787

HOURS: dawn to dusk

AMENITIES: Playground

PROGRAMS: Youth Sports

48. MOLINA, C DAVID PARK

4951 Oregon Ave. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Soccer field, fitness stations, playground

49. NAACP FREEDOM PARK

2300 Martin Luther King Jr. Ave. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Bike Path

50. ORIZABA PARK

1435 Orizaba Ave. (562) 570-1427

HOURS: Free Summer Fun Days (mid-June-Aug), M-F: noon-5 p.m., and Be SAFE Program, M-F: 5 to 8 p.m.; Learning Hub After School Program (Sept.-mid-June), M-F, 3-6 p.m. Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Community center, fitness stations, playground, skate park



51. PAN AMERICAN PARK

5157 Centralia St. (562) 570-1660
HOURS: After School Program (Sept.-June), M-F: 2:30-5:30 p.m., Free Summer Fun Days M-F: 11 a.m. to 5 p.m. and Be SAFE Program M-F: 5 to 8 p.m.; Summer Camp Program, M-F: 9 a.m. to 4 p.m.; Summer Food and Youth Sports – visit LBParks.org.

AMENITIES: Baseball and softball fields, basketball court, gym, playground

52. PEACE PARK

1411 Atlantic Ave. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Playground

53. PIKE PARK

195 Seaside Way (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Benches, bike racks, dog park, fitness stations, playground slide

54. PROMENADE SQUARE

215 E. First St. (562) 570-3150

HOURS: dawn to dusk

AMENITIES: Playground

55. RAMONA PARK

3301 East 65th St. (562) 570-1665

HOURS: After School Program (Sept. – June), M-F: 3-6 p.m.; Free Summer Fun Days M-F: 11 a.m. to 5 p.m. and Be SAFE Program M-F: 5 to 8 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Baseball, soccer and softball fields; basketball and tennis courts, community center, playground

56. RECREATION PARK

4900 E. 7th St. (562) 570-1670

HOURS: dawn to dusk

AMENITIES: Baseball stadium, band shell, dog park, tennis center, community center, fly casting pond, lawn bowling courts, volleyball court, pickleball court, picnic areas, playground

57. JENNI RIVERA MEMORIAL PARK

2001 Walnut Ave. (562) 570-3100

HOURS: dawn to dusk

AMENITIES: Playground

58. ROSIE THE RIVETER PARK

Clark and Conant Ave. (562) 570-3100

AMENITIES: Benches, walking path with World War II local WASP, Rosie the Riveter history, Memorial Wall of local service members who have passed since 2001.

59. SCHERER PARK

4600 Long Beach Blvd. (562) 570-1674

HOURS: After School Program (Sept.-June), M-F: 3-6 p.m.; Free Summer Fun Days, M-F: 11 a.m. to 5 p.m., and Be SAFE Program, M-F: 5 to 8 p.m. Summer Food Program; Youth Sports – visit LBParks.org.

AMENITIES: Basketball court, community center, dog park, playground, tennis courts

60. SEASIDE PARK

1401 Chestnut Ave. (562) 572.5126

HOURS: After School Program (Sept.-June), M-F: 3-6 p.m.; Summer Fun Days, M-F: 11 a.m. to 5 p.m. and Be SAFE Program, M-F: 5 to 8 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Soccer fields, playground

61. SILVERADO PARK

1545 West 31st St. (562) 570-1675

HOURS: After School Program (Sept.-June), M-F: 3-6 p.m., and Be SAFE Program (June-August) M-F: 5 to 8 p.m.; Summer Day Camp Program, (June-Aug)

M-F: 7 a.m. to 6 p.m.; Summer Fun Days, (June-Aug) noon-5 p.m.; Teen Program, (Sept-June) M-F, 3-7 p.m. & (July-August) noon-6 p.m.; Senior Program, 9 a.m. to 2 p.m.; Open Gym (Sept-June), M-F: 5-8 p.m., (June-August) 5-8 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Baseball and softball fields, basketball and tennis courts, community center, playground, pool, skate park

62. SILVERADO PARK POOL

1540 W 32nd St (562) 570-1721

See pages 48-49. Visit LBParks.org





3. SOMERSET PARK

500 East Carson (562) 570-1690
HOURS: After School Program (Sept.- June), 1-F: 3-6 p.m.; Free Summer Fun Days, M-F: noon to 5 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Basketball court, community center, pickleball court, playground, tennis court

4. STEARNS CHAMPIONS PARK

520 East 23rd St. (562) 570-1685
HOURS: After School Program (Sept.- June), 1-F: 3-6 p.m.; Free Summer Fun Days, M-F: 1 a.m. to 5 p.m.; Summer Day Camp Program, M-F: 9 a.m. to 4 p.m.; Summer Food Program, Youth Sports – visit LBParks.org.

AMENITIES: Baseball and softball fields, community center, playground

65. VETERANS PARK

101 East 28th St. (562) 570-1695
HOURS: After School Program (Sept.- June), M-F: 3-6 p.m.; Free Summer Fun Days, M-F: 11 a.m. to 5 p.m.; Summer Day Camp Program, M-F: 9 a.m. to 4 p.m., extended hours 7-9 a.m. and 4-6 p.m.; Learning Hub (Sept. – June), M-F, 2-6 p.m. to 5 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Baseball field, basketball court, community center, playground, soccer and softball fields, tennis courts

66. WARDLOW PARK

3457 Stanbridge Ave. (562) 570-1705
HOURS: After School Program (Sept.- June), M-F: 3-6 p.m.; Summer Fun Days, M-F: noon to 5 p.m. Summer Day Camp

Program, M-F: 9 a.m. to 4 p.m.; Youth Sports – visit LBParks.org.

AMENITIES: Baseball, soccer and softball fields; basketball and all sport courts, community center, playground

67. WHALEY PARK

5620 Atherton St. (562) 570-1710
HOURS: After School Program (Sept.- June), M-F: 2:30-5:30 p.m.; Summer Fun Days, M-F: 11 a.m. to 5 p.m. Summer Day Camp Program, M-F: 9 a.m. to 4 p.m.; Summer Food Program and Youth Sports – visit LBParks.org.

AMENITIES: Baseball field, basketball court, community center, playground

RANCHO LOS ALAMITOS HISTORIC RANCH & GARDENS

6400 E. Bixby Hill Road

(562) 431-3541 · www.RanchoLosAlamitos.org

PUBLIC HOURS: Wednesday-Sunday, 1-5 p.m.

(Entrance closes at 4:30 pm.)

Enter through Bixby Hill residential gate at Anaheim and Palo Verde. Free admission and parking.



The Rancho Los Alamitos is on the National Register of Historic Places and has been home to diverse cultures for over 7,000 years. It includes a ranch house (ca. 1790-1933), 4 acres of lush historic gardens, an interpretive center, a gift shop stocked with books and unique items, and a restored barnyard with livestock including horses, sheep, goats, chickens, and ducks.

During your visit, wander garden trails, take a tour with our knowledgeable docents, meet the barnyard's resident livestock, and explore California history. Events and activities are subject to change. Please visit RanchoLosAlamitos.org for the latest information about programs, events, and group tours.

WINTER ACTIVITIES

RANCHO VOICES: A HOLIDAY CELEBRATION



Thursday, Friday and Saturday: December 7, 8, & 9, 3 – 7 p.m.

Step back in time to the 1920s. See the Ranch House dressed up for a holiday party, hear stories from its past, and enjoy light refreshments and

music - all for free! See our website for reservations.

VOLUNTEER OPPORTUNITIES



Volunteers bring the Rancho to life and contribute to the special feeling and authenticity that is found here. Through their creative efforts, our volunteers support every facet of Ranch activity. Kick-off the new year by sharing your time and talents in this historic site. Volunteers care for our gardens, lead tours for the public and school groups, welcome visitors, create “fake food,” and so much more. Learn more at our website.

SCHOOL PROGRAMS



THIRD- & FOURTH-GRADE FIELD TRIPS

Virtual & In-Person! The Rancho offers engaging school programs that complement California's history and social science curriculum. 3rd graders participate in *Tovaave: A Tongva Cultural Program*, which centers on the indigenous people of the Los Angeles Basin and their vibrant cultural practices today. 4th graders explore the site through *Footprints on the Land*, connecting to themes in California history, including diversity, change, and resilience. School tours are always free. Contact schools@RanchoLosAlamitos.org for more information.

RANCHO LOS CERRITOS HISTORIC SITE

4600 North Virginia Road
www.RanchoLosCerritos.org
(562) 206-2040

Public Hours: Wednesday-Sunday, 1-5 p.m.
Saturday, 10 a.m.- 5 p.m.
The site is closed on major holidays,
including: September 4, November 11,
November 23, November 24, December 24,
December 25, & December 31, 2023.



Rancho Los Cerritos (RLC) is a 5-acre National, State, and Local Historic Landmark in the Bixby Knolls neighborhood that is operated by the Rancho Los Cerritos Foundation (non-profit organization) in a public/private partnership with the City of Long Beach. RLC includes an adobe home, historic gardens, rotating exhibitions, a research library, and archival collections. Visitors can learn about the site's history and the lives of people who have called this land home over time. In addition to guided and self-guided tours during public hours, RLC offers bird walks, lectures, children's activities, field trips, holiday events, programming for all ages and volunteer opportunities. The site can also be rented for private events. For more information, call (562) 206-2040 or visit www.rancholoscerritos.org. You can also follow us on Facebook: /RanchoLosC, on Instagram: @RanchoLosCerritos and Twitter: @RanchoLosC to stay up to date on the latest things #RLC.

VISIT THE RANCHO

RANCHO LOS CERRITOS: THEN & NOW

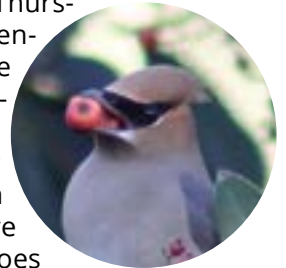
Now – May 27, 2024

Discover the growth and evolution of Rancho Los Cerritos through historical and contemporary photographs in our newest exhibition, Rancho Los Cerritos: Then & Now. See how the Rancho has changed from its early days as a cattle ranch to its current status as a National Historic Landmark. Historical photos predominantly from the Rancho's archive, and contemporary photos from local professional photographers, will highlight the relationship between people, nature, and the land, taking visitors on a journey through the Rancho's fascinating history. Learn more at www.rancholoscerritos.org.

BIRD WALKS

December 14, January 11, February 8 at 8-9:30 a.m. Free.

RLC opens early on the second Thursday of the month for birders to enjoy the site. Participants are free to stroll the grounds and observe resident and migrant birds; staff will be available to answer bird-related questions. Bring a hat and binoculars, if you have them. Water and close-toed shoes are recommended. This free program is open to all. Novice birders welcome. Rain cancels. The following safety measures are in place: Advanced registration is requested. All participants must follow the site's current safety procedures. Please RSVP using the following link: www.rancholoscerritos.org/upcoming-events/.



STORYTIME

TUESDAY STORYTIME



December 5, 12, 19;
January 2, 9, 16, 23, 30;
February 6, 13, 20, 27 at
10-10:30 a.m. Free.

Join us on Tuesday mornings for Storytime! Our staff and volunteers have collected the best children's books from diverse authors to read

to you and your young children. We sing songs too! This free program is open to all young children and their families. Participants are encouraged to bring strollers, blankets, and snacks.

- Advance registration is requested.
- Please RSVP using the following link: www.rancholoscerritos.org/upcoming-events/

¡LEAMOS! LET'S READ! - BILINGUAL STORYTIME

December 16, January 20, February 17, 10-10:45 a.m. Free. Visite al rancho para escuchar cuentos, cantar canciones, y hacer manualidades en español e inglés el tercer sábado de cada mes de 10-10:45 a.m. Hemos recolectado libros maravillosos de diversos autores para compartir con usted y sus hijos de primaria. Todos los niños y sus familias son bienvenidos a este programa gratis. El rancho proporciona banquetas, pero las familias pueden traer mantas y bocadillos. Se aplican las siguientes medidas de seguridad:



Se solicita inscripción previa, o los participantes pueden dar su información de contacto al llegar.

Join us for stories, songs, and crafts in Spanish and English on the third Saturday morning of the month at 10-10:45 a.m. Our staff and volunteers have collected the best young children's books from diverse authors to read to you and your elementary-aged children. This free program is open to all children and their families. Participants are encouraged to bring blankets and snacks. The following safety measures are in place:

- Advance registration is requested, or participants can provide contact info upon arrival.

Join us for stories, songs, and crafts in Spanish and English on the third Saturday morning of the month at 10-10:45 a.m. Our staff and volunteers have collected the best young children's books from diverse authors to read to you and your elementary-aged children. This free program is open to all children and their families. Participants are encouraged to bring blankets and snacks. The following safety measures are in place:

- Advance registration is requested, or participants can provide contact info upon arrival.

UPCOMING EVENTS



HOLIDAY OPEN HOUSE

Sunday, December 10 at 5-8 p.m. Free. Begin your holiday season at Long Beach's first home. Tour the decorated adobe with candlelight throughout. Converse with costumed docents. Stroll the grounds listening to holiday music while sipping hot cider. Browse the Museum Shop to find unique holiday gifts and view the current exhibition "Rancho Los Cerritos: Then & Now". For more information, call (562) 206-2040 or email Rancho@RanchoLosCerritos.org.

VOLUNTEER OPPORTUNITIES

NEW VOLUNTEER OPEN HOUSE

January 13 at 10:30 a.m.

Become a Volunteer! Adults and teens who want to support their community are encouraged to attend our in-person Volunteer Open House on January 13. At RLC, volunteers can serve as greeters during public hours, become school tour docents and give public tours, and/or work behind the scenes in the gardens, with the archival collections, and in other departments. Call (562) 206-2040 or email Rancho@RanchoLosCerritos.org for more information, or RSVP using the following link: www.rancholoscerritos.org/upcoming-events/.



SCHOOL DOCENT TRAINING

Share the history of Rancho Los Cerritos and the people who maintained it with local fourth-grade students. School tour docents guide living history field trips on weekday mornings during the academic year. The 7-week School Tour Docent training course will begin in January. Call (562) 206-2040 or email Rancho@RanchoLosCerritos.org for more information.

FIELD TRIPS FOR YOUTH GROUPS

RANCHO ADVENTURE TOURS

Rancho Adventure tours encourage children to learn about daily life on a 19th century California ranch by exploring the 1844 adobe house, doing historic chores, and playing old-fashioned games. These fast-paced, highly interactive tours last approximately 90 minutes and can be scheduled during public hours for homeschoolers, scouts, and other groups of 6-30 elementary-aged children. The fee is \$5 per person. Please call (562) 206-2040 to schedule.

SITE RENTAL

Host a unique wedding, celebration, corporate retreat, or special event at the Rancho Los Cerritos Historic Site. For pricing, dates, and other information, please contact the Special Events Coordinator at (562) 206-2055 or email Events@RanchoLosCerritos.org.

BELMONT PLAZA POOL

4320 East Olympic Plaza • (562) 570-1806

GENERAL INFORMATION

Belmont Plaza Pool is a year-round, outdoor facility. Water temperature is maintained between 80–82 degrees. Children under 48" tall must be accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." Pool fee is per entry. We do not offer refunds of admission fees. Schedules and fees may be subject to change. POOL CLOSED MONDAY, DECEMBER 25 (CHRISTMAS). MONDAY, JANUARY 1 (NEW YEARS), MONDAY, JANUARY 15 (MARTIN LUTHER KING JR DAY), MONDAY, FEBRUARY 19 (WASHINGTON'S BIRTHDAY).

OPEN SWIM FEES

Youth, ages 17 Yrs and under: \$1
Adults, ages 18-49 Yrs: \$4
Seniors, ages 50 Yrs and up: \$3

SWIM PASSES

Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership Pass valid for 25 visits. Fees may be subject to change. Membership pass fees:

Youth-\$20
Adults-\$87
Seniors-\$58



WATER EXERCISE CLASSES

Adults of all ages benefit from these fun, fast paced, low impact classes designed to shape you up with little or no stress on your knees or back. For more information regarding the Water Exercise program, call (562) 570-1807. Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is \$6 per class for adults or \$48 for a fitness pass valid for 10 classes.

Shallow Water Exercise:	M/W/F	11:10 a.m.-noon.
	Tu/Th	7:10-8 p.m.
Deep Water Exercise:	M/W/F	10:10-11 a.m.

SWIM LESSONS

All classes are held on Saturdays. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available online at LBParks.org or at Belmont Plaza Pool during regular scheduled hours. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at Belmont Plaza Pool. Visit lbarks.org to register online. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.



LAP SWIM

M-F	5:30-9:30 a.m.	Tu/Th	11 a.m.-2 p.m.
M/W/F	10 a.m.-2 p.m.	Tu/Th	7-9 p.m.
		Sa	8 a.m.-noon

ALL AGES RECREATION SWIM

M/W	7-9 p.m.
Sa	1-3 p.m.

Swim meets and special events may cause changes to the regular pool schedule. Call the pool at (562) 570-1806 for more information or check the website at: <https://www.longbeach.gov/park/recreation-programs/aquatics/pools/belmont-pool/>.

REGISTRATION DATES

Lesson Dates:	Registration opens:
1/6-2/24	Saturday 12/2 8 a.m.

AQUATICS – PARENT & CHILD

Skills taught in Parent & Child include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

60634 6 mos-3 Yrs 1/6-2/24 10-10:25 a.m. Sa \$55
60633 6 mos-3 Yrs 1/6-2/24 11:30-11:55 a.m. Sa \$55



AQUATICS – PRE SCHOOL AQUATICS 1

Skills taught in Pre-School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

60635 3-5Yrs 1/6-2/24 9-9:25 a.m. Sa \$55
60637 3-5Yrs 1/6-2/24 9:30-9:55 a.m. Sa \$55
60636 3-5Yrs 1/6-2/24 10:30-10:55 a.m. Sa \$55

AQUATICS – PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

60638 3-5Yrs 1/6-2/24 9:30-9:55 a.m. Sa \$55



AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

60629 6-12 Yrs 1/6-2/24 8-8:25 a.m. Sa \$55
60627 6-12 Yrs 1/6-2/24 10-10:25 a.m. Sa \$55
60628 6-12 Yrs 1/6-2/24 11-11:25 a.m. Sa \$55

AQUATICS – LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, introduction to treading water, combined stroke on front and back, and water safety rules.

60630 6-12 Yrs 1/6-2/24 8:30-8:55 a.m. Sa \$55

AQUATICS – LEVEL 3/4

Skills taught in this level include: jumping and diving into deep water, back float, front crawl, back crawl, treading water, introduction to butterfly, breaststroke, elementary backstroke, treading water, sidestroke, and water safety rules.

60631 6-12 Yrs 1/6-2/24 9-9:25 a.m. Sa \$55

AQUATICS – LEVEL 5/6

Skills taught in this level include: jumping and diving into deep water, back float, front crawl, back crawl, treading water, introduction to butterfly, breaststroke, elementary backstroke, treading water, sidestroke, and water safety rules.

60632 6-12 Yrs 1/6-2/24 11:30-11:55 a.m. Sa \$55

AQUATICS - ADULTS

Skills taught in Adult class include: learning and building skill in front crawl, back crawl, breaststroke, and sidestroke.

60625 13 Yrs & Up 1/6-2/24 8-8:50 a.m. Sa \$65
60626 13 Yrs & Up 1/6-2/24 10:30-11:20 a.m. Sa \$65

LEEWAY SAILING CENTER

5437 E. Ocean Blvd. (562) 570-1719

GENERAL INFORMATION

Leeway Sailing Center offers lessons in sailing. The usage of sailboats and sailing equipment including lifejackets are included in the course fee. All classes require registration at least 48 hours in advance either online or at the Parks, Recreation and Marine Registration Office. Registrations are not accepted at the facility.



BEGINNING CAPRI SAILING (14' BOATS)

A beginning sailing class designed to introduce adult students to the exciting sport of dinghy sailing.

60623 13yrs & up 1/6-1/27 9 a.m.-noon Sa \$120
60624 13yrs & up 2/3-2/24 9 a.m.-noon Sa \$120

KING PARK POOL

1910 Lemon Avenue • (562) 570-1718

GENERAL INFORMATION

King Park Pool is a year-round, indoor facility. Water temperature is maintained between 83-85 degrees. Children must be at least 48 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers". Pool fee is per entry and activity. We do not offer refunds of admission fees. Schedule and fees may be subject to change. POOL CLOSED 12/3-12/17 FOR MAINTENANCE. POOL CLOSED MONDAY, DECEMBER 25 (CHRISTMAS DAY), JANUARY 1 (NEW YEAR'S), MONDAY JANUARY 15 (MARTIN LUTHER KING JR DAY), MONDAY FEBRUARY 19 (PRESIDENT'S DAY).

OPEN SWIM FEES

Youth, ages 17 yrs and under: \$1

Seniors, ages 50 yrs and up : \$2

Adults, ages 18-49 yrs: \$3

SWIM PASSES

Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership pass valid for 25 visits. Fees may be subject to change. Membership pass fees:

Adults-\$65

Seniors-\$40



LAP SWIM

Tu/Th/F 6-8 a.m. Tu/Th 9-11 a.m.

Tu/Th/F noon-2 p.m. Sa/Su noon-1 p.m.

ALL AGES RECREATION SWIM

Tu/Th/F 2:30-4 p.m.

Tu/Th 6:30-8 p.m.

Sa/Su 1-3:30 p.m.

WATER EXERCISE CLASSES

Ages 16 & up. Looking for a new style of exercise? This is the class for you! It will help you shape-up and keep fit. This class is offered on an on-going basis. Don't miss the fun! Fee is \$3/class meeting. Senior Citizens 50+ free with a Senior Fitness Pass.

Shallow Water Tu/Th/F 8-8:50 a.m.

M/W 6-6:50 p.m.

Deep Water Tu/Th/F 6:30-7:20 a.m.

SWIMMING LESSONS



Class options: Tuesday/Thursday, or Saturday. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available online or at King Park Pool during regular scheduled hours. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at King Park Pool. Visit www.LBParks.org to register online. Refunds for classes will only be granted prior to the first class meeting, with a \$10 service charge assessed. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be canceled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

REGISTRATION DATES

Lesson Dates:

1/2-1/25 Tu/ Th

1/6-2/24 Sa

1/30-2/22 Tu/ Th

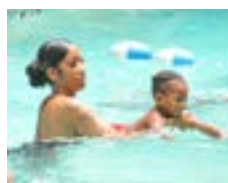
Registration Opens:

November 28 8 a.m.

December 2 8 a.m.

January 16 8 a.m.

AQUATICS - PARENT & CHILD



An introductory course for children 9 months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards, floating on back and rolling over.

60589 9 Mos-3Yrs 1/6-2/24 9:30-9:55 a.m. Sa \$28

AQUATICS - PRE-SCHOOL AQUATICS 1

Skills taught in Pre-School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

60591	3-5Yrs	1/2-1/25	4-4:25 p.m.	Tu/Th	\$32
60592	3-5Yrs	1/2-1/25	6-6:25 p.m.	Tu/Th	\$32
60590	3-5Yrs	1/6-2/24	10:30-10:55 a.m.	Sa	\$28
60613	3-5Yrs	1/30-2/22	4-4:25 p.m.	Tu/Th	\$32
60621	3-5Yrs	1/30-2/22	6-6:25 p.m.	Tu/Th	\$32

AQUATICS - PRE-SCHOOL AQUATICS 2

Skills taught in Pre-School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

60594	3-5Yrs	1/2-1/25	4:30-4:55 p.m.	Tu/Th	\$32
60593	3-5Yrs	1/6-2/24	10-10:25 a.m.	Sa	\$28
60615	3-5Yrs	1/30-2/22	4:30-4:55 p.m.	Tu/Th	\$32

AQUATICS - PRE-SCHOOL AQUATICS 3

Skills taught in Pre-School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke, and water safety skills.

60596	3-5Yrs	1/2-1/25	5-5:25 p.m.	Tu/Th	\$32
60595	3-5Yrs	1/6-2/24	9-9:25 a.m.	Sa	\$28
60617	3-5Yrs	1/30-2/22	5-5:25 p.m.	Tu/Th	\$32

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

60578	6-12Yrs	1/2-1/25	4-4:25 p.m.	Tu/Th	\$32
60576	6-12Yrs	1/6-2/24	10-10:25 a.m.	Sa	\$28
60579	6-12Yrs	1/6-2/24	10:30-10:55 a.m.	Sa	\$28
60577	6-12Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$28
60612	6-12Yrs	1/30-2/22	4-4:25 p.m.	Tu/Th	\$32

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

60581	6-12Yrs	1/2-1/25	4:30-4:55 p.m.	Tu/Th	\$32
60582	6-12Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$28
60580	6-12Yrs	1/6-2/24	11:30-11:55 a.m.	Sa	\$28
60614	6-12Yrs	1/30-2/22	4:30-4:55 p.m.	Tu/Th	\$32

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of the pool, introduction to butterfly, and water safety rules.

60584	6-12Yrs	1/2-1/25	5:30-5:55 p.m.	Tu/Th	\$32
60583	6-12Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$28
60619	6-12Yrs	1/30-2/22	5:30-5:55 p.m.	Tu/Th	\$32

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

60586	6-12Yrs	1/2-1/25	6-6:25 p.m.	Tu/Th	\$32
60585	6-12Yrs	1/6-2/24	11:30-11:55 a.m.	Sa	\$28
60620	6-12Yrs	1/30-2/22	6-6:25 p.m.	Tu/Th	\$32

AQUATICS - LEVEL 5/6

Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

60588	6-12Yrs	1/2-1/25	5-5:25 p.m.	Tu/Th	\$32
60587	6-12Yrs	1/6-2/24	11:30-11:55 a.m.	Sa	\$28
60616	6-12Yrs	1/30-2/22	5-5:25 p.m.	Tu/Th	\$32

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

60574	13Yrs+	1/2-1/25	5:30-6:20 p.m.	Tu/Th	\$40
60573	13Yrs+	1/6-2/24	9-9:50 a.m.	Sa	\$35
60618	13Yrs+	1/30-2/22	5:30-6:20 p.m.	Tu/Th	\$40

SWIM TEAM

Practice with fellow swim mates and work on conditioning techniques and skill enhancement. Must have Level 5 swim skills and be between the ages of 11-16. Please call the Pool for additional information.

60597	11-16Yrs	1/6-2/24	10-11 a.m.	Sa	\$28
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JUNIOR LIFEGUARD PROGRAM

Get started for a future job as a lifeguard. Learn swimming and lifeguarding skills. Must have Level 5 swim skills and be between the ages of 11-16. Please call the pool for more information.

60575	11-16Yrs	1/6-2/24	9-10 a.m.	Sa	\$28
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PRIVATE SWIM LESSONS

Instructor Sang Chuk has 15+ years of experience teaching. It doesn't matter if you've never stepped into a pool, you can already swim, or just need some stroke refinement. Private swim lessons by appointment only. \$150 for 5 lessons. 30 minutes per lesson. Send email to sang.chuk@aqua-time.net or text (562) 248-6538 to setup an appointment.

POOL RENTALS

Please call the pool supervisor at (562) 570-1718 for information, fees and scheduling availability.

SILVERADO PARK POOL

1540 West 32nd Street • (562) 570-1721

GENERAL INFORMATION

Silverado Pool is a year-round, indoor facility. Water temperature is maintained between 82 - 84 degrees. Children must be at least 42 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." If you decide to bring a lifejacket it must be coast guard or marine approved. Please show staff before entry. No toys are allowed in the pool during recreational hours. Pool fee is per entry. We do not offer refunds of admission fees. Schedule and fees may be subject to change. POOL CLOSED: DEC 17, 2023-JAN 2 2024, MONDAY JAN 15, (MARTIN LUTHER KING, JR DAY), MONDAY, FEB 19 (PRESIDENT'S DAY) .

OPEN SWIM FEES

Youth, ages 17 Yrs and Under: \$1
Seniors, ages 50 Yrs and Over:\$2
Adults, ages 18-49 Yrs: \$3

SWIM PASSES

Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership Pass valid for 25 visits. Fees may be subject to change. Membership pass fees:

Youth-\$25
Seniors-\$40
Adults-\$65

LAP SWIM

M/W/F 6:30-10 a.m.
M/W/Sa noon-1 p.m.
M/W 7-8 p.m.
F noon-3 p.m.
Su 8-10 a.m.



ALL AGES RECREATION SWIM

Sa 1-3:15 p.m.

WATER EXERCISE CLASSES

Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is \$3 per class for adults. Benefit from these fun, fast paced, low impact classes that are designed to shape you up with little or no stress on your knees or back.
Deep Water Exercise: M/W/F/Su 10-10:50 a.m.
Shallow Water Exercise: M/W/F/Su 11-11:50 a.m.

50 REGISTER ONLINE AT WWW.LBPARKS.ORG

SWIMMING LESSON



Class options: Monday and Wednesday afternoons or Saturday mornings. Classes are 25 minutes in length. Registration for classes will be available on-line or at Silverado Park Pool

during regular scheduled hours up to 15 minutes before closing. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at Silverado Park Pool. Visit www.LBParks.org to register online. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be canceled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

REGISTRATION DATES

Lesson Dates:	Registration Opens:
1/3/24-1/24/24 M/W	11/27/23 8 a.m.
1/6/24-2/24/24 Sa	12/2/23 8 a.m.
1/29/24-2/21/24 M/W	1/17/24 8 a.m.



AQUATICS - PARENT & CHILD

An introductory course for children 9 months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards,
60561 9Mths-3Yrs 1/6-2/24 9-9:25 a.m. Sa \$32
60562 9Mths-3Yrs 1/3-1/24 6-6:25 p.m. M/W \$24
60611 9Mths-3Yrs 1/29-2/21 6-6:25 p.m. M/W \$28

AQUATICS – PRE SCHOOL AQUATICS 1

Skills taught in Pre School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

60563	3-5Yrs	1/6-2/24	9:30-9:55 a.m.	Sa	\$32
60564	3-5Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$32
60565	3-5Yrs	1/3-1/24	4-4:25 p.m.	M/W	\$24
60601	3-5Yrs	1/29-2/21	4-4:25 p.m.	M/W	\$28

AQUATICS – PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

60566	3-5Yrs	1/6-2/24	9:30-9:55 a.m.	Sa	\$32
60567	3-5Yrs	1/3-1/24	4-4:25 p.m.	M/W	\$24
60602	3-5Yrs	1/29-2/21	4-4:25 p.m.	M/W	\$28

AQUATICS – PRE SCHOOL AQUATICS 3

Skills taught in Pre School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke and water safety skills.

60568	3-5Yrs	1/6-2/24	10:30-10:55 a.m.	Sa	\$32
60569	3-5Yrs	1/3-1/24	5-5:25 p.m.	M/W	\$24
60607	3-5Yrs	1/29-2/21	5-5:25 p.m.	M/W	\$28



AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

60547	6-12Yrs	1/6-2/24	10-10:25 a.m.	Sa	\$32
60548	6-12Yrs	1/6-2/24	11:30-11:55 a.m.	Sa	\$32
60549	6-12Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$32
60550	6-12Yrs	1/3-1/24	4:30-4:55 p.m.	M/W	\$24
60551	6-12Yrs	1/3-1/24	5:30-5:55 p.m.	M/W	\$24
60603	6-12Yrs	1/29-2/21	4:30-4:55 p.m.	M/W	\$28
60608	6-12Yrs	1/29-2/21	5:30-5:55 p.m.	M/W	\$28

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

60552	6-12Yrs	1/6-2/24	10-10:25 a.m.	Sa	\$32
60553	6-12Yrs	1/6-2/24	11:30-11:55 a.m.	Sa	\$32
60554	6-12Yrs	1/3-1/24	4:30-4:55 p.m.	M/W	\$24
60604	6-12Yrs	1/29-2/21	4:30-4:55 p.m.	M/W	\$28

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of the pool, introduction to butterfly, and water safety rules.

60555	6-12Yrs	1/6-2/24	10:30-10:55 a.m.	Sa	\$32
60556	6-12Yrs	1/3-1/24	5-5:25 p.m.	M/W	\$24
60605	6-12Yrs	1/29-2/21	5-5:25 p.m.	M/W	\$28



AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

60557	6-12Yrs	1/6-2/24	10:30-10:55 a.m.	Sa	\$32
60558	6-12Yrs	1/3-1/24	5-5:25 p.m.	M/W	\$24
60606	6-12Yrs	1/29-2/21	5-5:25 p.m.	M/W	\$28

AQUATICS - LEVEL 5/6

Skills taught in Level 5/6 include: flip turns, treading water, and building endurance in front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and butterfly.

60559	6-12Yrs	1/6-2/24	11-11:25 a.m.	Sa	\$32
60560	6-12Yrs	1/3-1/24	5:30-5:55 p.m.	M/W	\$24
60609	6-12Yrs	1/29-2/21	5:30-5:55 p.m.	M/W	\$28

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

60544	13Yrs+	1/3-1/24	6-6:50 p.m.	M/W	\$30
60545	13Yrs+	1/6-2/24	8-8:50 a.m.	Sa	\$40
60610	13Yrs+	1/29-2/21	6-6:50 p.m.	M/W	\$35

JUNIOR LIFEGUARD PROGRAM

Get started for a future job as a lifeguard. Learn swimming and lifeguarding skills. Must have level 5 swim skills (tryouts may be required). Please call the pool for more information.

60546	11-16Yrs	1/6-2/24	9-10 a.m.	Sa	\$32
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PRIVATE SWIM LESSONS

Instructor Sang Chuk has 15+ years of experience teaching. It does not matter if you have never stepped into a pool, you already can swim, or just need some stroke refinement. Private swim lessons by appointment only. \$150 for 5 lessons. 30 minutes per lesson. Send email to sang.chuk@aqua-time.net or text (562) 248-6538 to setup an appointment.

TENNIS

Billie Jean King, El Dorado Park Tennis Centers. Marina Vista, Los Cerritos, Naples, Scherer and Somerset Tennis Courts

We encourage everyone to REGISTER ONLINE at LB-Parks.org and click on the LB RecConnect link, then follow the directions. You can also use the standard Registration Form on the last page of this book, fill out the form with waiver signature and drop-off the correct payment and completed form at Billie Jean King Tennis Center or El Dorado Park Tennis Center. Please make checks payable to 'BRIDGE THE GAP TENNIS MGMT'. Students should wear tennis court-appropriate tennis shoes. PLEASE, NO BLACK-SOLED SHOES ALLOWED! Also, each participant is required to bring TWO (2) cans of NEW tennis balls to the first class. PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES. If minimum enrollment is not met, classes may be combined or cancelled.

Tennis court locations: Billie Jean King Tennis Center, 10th and Park Ave., El Dorado Tennis Center, 2800 Studebaker Rd., Los Cerritos Park Tennis Center, 3750 Del Mar Ave., Marina Vista, Colorado St. and Santiago Ave., Naples Tennis Courts, Tivoli Drive between Saint Irmo Way and 2nd St., Scherer Park, 4600 Long Beach Blvd., Somerset Tennis Courts, 1500 E. Carson St.

TOTS

Introduce your child to the game of tennis. Hand-eye coordination will be developed in this fun-filled class. Class fee: \$80. Group Lessons: Min 4/Max 12; 8 WEEKS.

Pros	El Dorado West				
60141	Beg	4-5Yrs	1/13-3/2	8:30-9 a.m.	Sa
60143	Beg	4-5Yrs	1/15-3/4	3-3:30 p.m.	M
60144	Beg	4-5Yrs	1/19-3/8	3-3:30 p.m.	F
Dubongo	Naples				
60142	Beg	4-5Yrs	1/13-3/2	9-9:30 a.m.	Sa
Nguyen	Billie Jean King				
60145	Beg	4-5Yrs	1/19-3/8	6-6:30 p.m.	F

FIRST STROKES

Intended for children just learning the game of tennis. Hand-eye coordination, stroke & movement drills will be learned in a fun-filled way. Class fee: \$80. Group Lessons: Min 4/Max 12; 8 WEEKS.

Dubongo	Naples				
60146	Beg	5-7Yrs	1/13-3/2	9:30-10 a.m.	Sa
Pros	El Dorado West				
60147	Beg	5-7Yrs	1/15-3/4	3:30-4 p.m.	M
60149	Beg	5-7Yrs	1/16-3/5	4-4:30 p.m.	Tu
60150	Beg	5-7Yrs	1/17-3/6	3:30-4 p.m.	W
60152	Beg	5-7Yrs	1/19-3/8	3:30-4 p.m.	F

Pros	Somerset				
60148	Beg	5-7Yrs	1/16-3/5	3:30-4 p.m.	Tu
60151	Beg	5-7Yrs	1/18-3/7	3:30-4 p.m.	Th
60153	Beg	5-7Yrs	1/19-3/8	3:30-4 p.m.	F
Nguyen	Billie Jean King				
60154	Beg	5-7Yrs	1/19-3/8	6:30-7 p.m.	F

YOUTH



Students must possess the following skills before registering: (Beg) - no experience; (AdvBeg) - knowledge of ground strokes, grips and ready positions; (Int) - rules of the game, consistent ground stroke and serve. Class fee: \$100. Group Lessons: Min 4/Max 12; 8 WEEKS.

Pros	El Dorado West				
60155	Beg	7-15Yrs	1/13-3/2	9-10 a.m.	Sa
60156	AdvBeg	7-15Yrs	1/13-3/2	10-11 a.m.	Sa
60161	Beg	7-15Yrs	1/15-3/4	4-5 p.m.	M
60162	Int/Adv	7-15Yrs	1/15-3/4	5-6 p.m.	M
60164	Beg	7-15Yrs	1/16-3/5	4:30-5:30 p.m.	Tu
60166	AdvBeg	7-15Yrs	1/16-3/5	5:30-6:30 p.m.	Tu
60167	Beg	7-15Yrs	1/17-3/6	4-5 p.m.	W
60168	AdvBeg	7-15Yrs	1/17-3/6	5-6 p.m.	W
60170	Beg	7-15Yrs	1/18-3/7	4:30-5:30 p.m.	Th
60172	AdvBeg	7-15Yrs	1/18-3/7	5:30-6:30 p.m.	Th
60173	Beg/AdvBeg	7-15Yrs	1/19-3/8	4-5 p.m.	F
60175	Int	7-15Yrs	1/19-3/8	5-6 p.m.	F

Sleight	Los Cerritos				
60159	Beg	7-15Yrs	1/14-3/3	1-2 p.m.	Su
60160	AdvBeg	7-15Yrs	1/14-3/3	2-3 p.m.	Su

Pros	Somerset				
60163	Beg	7-15Yrs	1/16-3/5	4-5 p.m.	Tu
60165	AdvBeg/Int	7-15Yrs	1/16-3/5	5-6 p.m.	Tu
60169	Beg	7-15Yrs	1/18-3/7	4-5 p.m.	Th
60171	AdvBeg/Int	7-15Yrs	1/18-3/7	5-6 p.m.	Th
60174	Beg	7-15Yrs	1/19-3/8	4-5 p.m.	F
60176	AdvBeg/Int	7-15Yrs	1/19-3/8	5-6 p.m.	F

Nguyen	Billie Jean King				
60177	Beg	7-15Yrs	1/19-3/8	7-8 p.m.	F

ADULT GROUP CLASSES

Beginning (Beg) students will learn the basic strokes and grip. Advanced Beginners (AdvBeg) will continue improvement of basic strokes and strategy. Intermediate (Int) and Advanced (Adv) players will work on perfecting strategy and knowledge of the game. The first class will include a fun skills test to determine if you are in the correct level. AGES 16+; Min 4/Max 12; 8 WEEKS.

Pastorini Marina Vista
60178 AdvBeg 1/18-3/7 9-10 a.m. Th \$100

Dubongco Naples
60179 Int 1/13-3/2 10-11 a.m. Sa \$100
60180 Adv 1/13-3/2 11 a.m.-noon Sa \$100
60181 Beg 1/13-3/2 noon-1 p.m. Sa \$100
60182 AdvBeg 1/13-3/2 1-2 p.m. Sa \$100

Pros Somerset
60183 Beg 1/16-3/5 6-7 p.m. Tu \$100
60184 AdvBeg/Int 1/16-3/5 7-8 p.m. Tu \$100
60185 Beg 1/18-3/7 6-7 p.m. Th \$100
60186 AdvBeg/Int 1/18-3/7 7-8 p.m. Th \$100

Unger El Dorado West
60189 LowInt/Int 1/15-3/4 6-7:30 p.m. M \$125
60190 Int/HighInt 1/17-3/6 6-7 p.m. W \$100
60191 Int/HighInt 1/17-3/6 7-8:30 p.m. W \$125

Unger Scherer Park
60192 Int/HighInt 1/13-3/2 9:30-11 a.m. Sa \$125

Pros El Dorado West
60193 Beg 1/14-3/3 8-9 a.m. Su \$100
60194 AdvBeg 1/14-3/3 9-10 a.m. Su \$100
60195 Int 1/14-3/3 10-11 a.m. Su \$100
60196 Beg 1/15-3/4 7-8 p.m. M \$100
60197 AdvBeg 1/15-3/4 8-9 p.m. M \$100
60198 AdvBeg 1/16-3/5 9-10 a.m. Tu \$100
60199 Int 1/16-3/5 10-11 a.m. Tu \$100

60200 AdvBeg 1/16-3/5 6:30-7:30 p.m. Tu \$100
60201 Int 1/16-3/5 7:30-8:30 p.m. Tu \$100
60202 Beg 1/17-3/6 9-10 a.m. W \$100
60203 Beg/AdvBeg 1/17-3/6 10-11 a.m. W \$100
60204 AdvBeg 1/17-3/6 7-8 p.m. W \$100
60205 Int/Adv 1/17-3/6 8-9 p.m. W \$100
60206 AdvBeg 1/18-3/7 8-9 a.m. Th \$100
60207 AdvBeg/Int 1/18-3/7 9-10:30 a.m. Th \$125
60208 AdvBeg 1/18-3/7 6:30-7:30 p.m. Th \$100
60209 Adv 1/18-3/7 7:30-9 p.m. Th \$125
60210 Beg 1/19-3/8 9-10 a.m. F \$100
60211 AdvBeg 1/19-3/8 10-11 a.m. F \$100

CARDIO TENNIS

Cardio Tennis is a high energy fitness activity that combines the best features of tennis with cardiovascular exercise, delivering the ultimate full-body, calorie burning, aerobic workout. It is designed as a social and fun class for players of all ability levels. More fun than simply going to the gym! AGES 16+; Min 4/Max 12; 8 WEEKS.

Pros El Dorado West
60212 All Levels 1/15-3/4 6-7 p.m. M \$100
60213 All Levels 1/16-3/5 11 a.m.-noon Tu \$100
60214 All Levels 1/17-3/6 6-7 p.m. W \$100

SENIOR CLASS

Special Rate for Senior Citizens! Experience all the health benefits that tennis has to offer. Tennis is a great way to have fun and improve motor skills, balance, and coordination, build strength, develop endurance and meet new people. This is a class designed for our senior population. Tennis is also a tremendously effective fitness activity for all seniors. ALL LEVELS WELCOME! AGES 60+; Min 4/Max 12; 8 WEEKS.

Pros EL Dorado West
60216 All Levels 1/18-3/7 10:30-11:30 a.m. Th \$80
60217 All Levels 1/19-3/8 6-7 p.m. F \$80



BILLIE JEAN KING TENNIS CENTER

1040 PARK AVE. LONG BEACH, CA



Find us on Facebook and Instagram

FOR MORE INFORMATION CONTACT

VALTER PAIVA AT: (562) 266-8882

INFO@VALTERTENNIS.COM

WWW.VALTERTENNIS.COM



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El Dorado Park Tennis Center

2800 N. Studebaker Rd., Long Beach 90815

For more information contact

Renee Corona

(949) 344-0403



rc@sctennisacademy.com
www.sctennisacademy.com



SIGN UP FOR TENNIS CLASSES • SIGN UP ONLINE AT WWW.LBPARKS.ORG

Make checks payable to: **Bridge the Gap Tennis Management**. Mail immediately as classes fill up fast!
 Send to: **Bridge the Gap Tennis**, 1040 Park Ave., Long Beach, CA 90804 or
 drop off at BJK or El Dorado Pro Shops. For more information please call (562) 438-8509.

RESPONSIBLE PARTY _____

ADDRESS _____ **CITY/ZIP** _____

WORK PHONE _____ **HOME PHONE** _____

STUDENT NAME _____ **BIRTHDATE** _____

For valuable consideration, I for myself, my successors, heirs, assigns, spouse, executors, administrators & next of kin **covenant not to sue, release, waive & discharge** the City of Long Beach and Bridge Enterprises, their officials, and employees ("City") from all liability, loss, damage, claims, demands, causes of action, costs & expenses including attorney's fees against City arising from my or my child(ren)'s participation in class & transportation connected with class; I **assume all risks** of personal injury & death including medical/hospital bills & damage to personal property arising from my or my child(ren)'s participation in class & transportation connected with class except if injury/death is caused by City/Bridge Enterprise's gross negligence. I understand that City and Bridge Enterprises provides no insurance for participants. **By signing below**, I acknowledge I've read this Release, understand that I give up certain rights and sign voluntarily.

SIGNATURE _____ **DATE** _____

CLASS# _____ **FEE** _____

CLASS NAME _____

CLASS# _____ **FEE** _____

CLASS NAME _____

METHOD OF PAYMENT (check one)

☐ Cash ☐ Check ☐ Money Order
☐ Visa ☐ Mastercard

TOTAL AMOUNT ENCLOSED: \$ _____

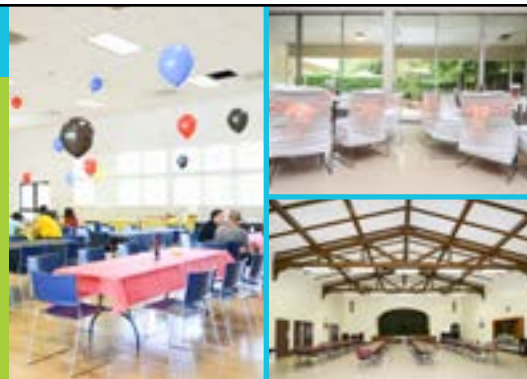
CREDIT CARD # _____ **EXP DATE** _____ **CCV CODE** _____

REMINDER - Refunds must be requested one working day prior to the first class. If minimum required enrollment is not met, classes may be canceled. There is a \$10 processing fee for each refund. **NO REFUNDS** will be given on or after the day the class is scheduled to begin. \$32 Service Charge on returned or canceled checks. Refunds are limited to 90 days after a class has begun and please allow 3-4 weeks for processing.

LONG BEACH PARKS, RECREATION & MARINE

PARK AND FACILITY RESERVATIONS

Outdoor reservable sites, bandshells, community centers, sport fields, and swimming pools can make your next community gathering or family party a memorable occasion at Long Beach Parks, Recreation & Marine facilities.



**PERMITS TO GATHER • COMMUNITY GROUP MEETINGS
 COMPANY PICNICS • BIRTHDAY PARTIES
 ANNIVERSARY CELEBRATIONS
 WEDDINGS • BABY SHOWERS • QUINCEAÑERAS**



**For more information contact
 Long Beach Parks, Recreation & Marine
 Registration/Reservations Office at (562) 570-3111
 2760 N. Studebaker Road
 Monday-Friday from 8 a.m.-5 p.m.**

All reservations are on a first come, first serve basis.
 Please arrive no later than 4 p.m.
 to allow time to process the paperwork.



Scan the QR Code or visit LBParks.org.
 Click on Facility Reservations Permits



REGISTRATION FORM

Please print and fill out completely

It's easy to register:



On Line: Register anytime.
Visit <http://activenet.active.com/lbparks>
or follow the link at www.lbparks.org.
See "how to" videos and answers to "FAQs"

Click on the "request an account" button.

Fill in your information, then click submit
(or click submit and add family member
to register more people at the same address)



By Mail: Send completed form and
payment (include address,
phone number and class #(s)
on the check) to:
City of Long Beach,
2760 Studebaker Road,
Long Beach, Ca 90815



In person: Bring completed form
and payment to the office,
Monday-Friday 8 a.m.-5 p.m.
For more information call
(562) 570- 3111

Main Contact

☐ Check this box if address or phone number has changed.

Name: _____ Address: _____

City _____ Zip _____ Main Phone (_____) _____ Work Phone (_____) _____

Birth Date: _____ E-mail Address _____

For valuable consideration, I for myself, my successors, heirs, assigns, executors, spouse, administrators & next of kin **covenant not to sue, release, waive & discharge** the City of Long Beach, the Parks and Recreation Commission, their officials and employees ("City") from all liability, loss, damage, claims, demands, causes of action, costs & expenses including attorney's fees against City arising from my or my child(ren)'s participation in class & transportation connected with class; I **assume all risks** of personal injury & death including medical/hospital bills & damage to personal property arising from my or my child(ren)'s participation in class & transportation connected with class except if injury/death is caused by City's gross negligence. I understand that City provides no insurance for participants. **By signing below**, I acknowledge that I've read this Release, understand that I give up certain rights and sign voluntarily.

Signature _____ Date _____

Please list separately additional family members living with the Main Contact.

Last Name	First Name	Birthdate	Male/female circle one
1			M / F
2			M / F
3			M / F
4			M / F

Class #	Student Name	Class Name	Day(s)	Start Date	Time	Fee

Refunds must be requested one working day prior to the first class. There is a \$10 processing fee for each refund. NO REFUNDS will be given on or after the day the class is scheduled to begin. Full refunds/credits will be given for classes canceled by the City. Please allow 4-6 weeks for refunds.

Total	\$
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METHOD OF PAYMENT

☐ Check (payable to City of Long Beach include class #, complete address & phone #.) ☐ Money Order

\$30 service charge on returned or canceled checks. Please DO NOT MAIL or DEPOSIT CASH in DROP BOX.

You will be informed if a class is full. Please retain class schedule for reference.

If you would like a confirmation notice, enclose a self-addressed, stamped envelope.

REGISTRATION/RESERVATIONS OFFICE • 2760 Studebaker Road • (562) 570-3111 • Open Monday-Friday, 8 a.m.-5:00 p.m.

LONG BEACH PARKS, RECREATION & MARINE
2760 STUDEBAKER RD.
LONG BEACH, CA 90815



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A Greener Community

The Port of Long Beach funds environmental projects all over Long Beach – from Colorado Lagoon restoration to grants for improvements to parks. We're committed to improving the environment and quality of life for our community.

